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# **Essentials of Polysomnography**

**A Training Guide  
and Reference  
for Sleep Technicians**

**WILLIAM H SPRIGGS, BS, RPSGT**

# Essentials Of Polysomnography

**Zhe Xu**

A decorative red circular graphic with a gradient, appearing as a partial circle or a stylized 'C' shape, located to the right of the author's name.

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