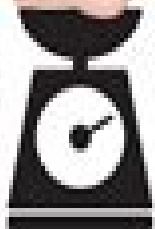


— YOUR AMAZING — BRAIN INFOGRAPHIC

**SPEED
LIMIT**
**268
MPH**

Brain signals travel
at speeds between
1-268 miles per hour!

The brain weighs
3lbs

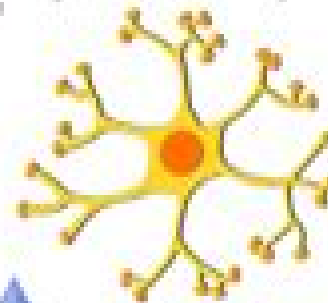


PAIN RECEPTORS



There are no pain receptors
in the brain, so it can't
feel pain. A headache
involves muscles and
nerves in your head

**NEURAL
CONNECTIONS**
are made every time
you form a memory



OXYTOCIN
The brain chemical
which makes you
feel LOVE!

HEMISPHERES
LEFT AND RIGHT BRAIN

LOGIC VS. CREATIVITY



BRAIN CELLS
**100 BILLION
NEURONS**

The neuron is the brain's
basic unit for processing
information.



**65,000 Thoughts
Every day**



In the average
adult, the brain
represents
2%
of the total
**BODY
WEIGHT**

The brain is
75%
WATER

**ENERGY
CONSUMPTION**
Your brain uses
20% of your
total energy



SLEEP

Your brain is more
active when you
are asleep. It is busy
processing everything
that has happened
during the day.

ENERGY
10-23 WATTS

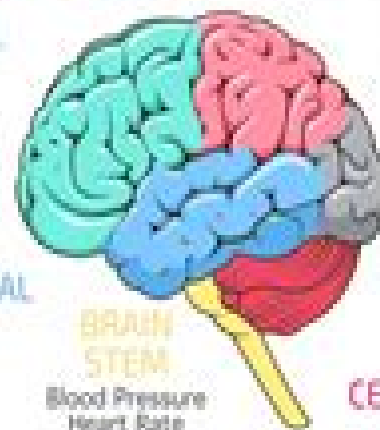
When you are awake,
your brain generates enough
energy to power a light bulb!



25% OXYGEN
Your brain needs 1/4 of
all the oxygen used by
the body

**FRONTAL
LOBE**
Intelligence
Memory
Movement

**TEMPORAL
LOBE**
Behaviour
Hearing
Speech



**BRAIN
STEM**
Blood Pressure
Heart Rate
Breathing
Swallowing

**PARIETAL
LOBE**
Language
Reading
Sensation

**OCCIPITAL
LOBE**
Vision

CEREBELLUM
Balance
Coordination

5-10 MINUTES
A lack of oxygen to the brain for
this long leads to permanent brain damage

BRAIN FOOD

Eat oily fish, chocolate,
nuts, eggs and blueberries
to boost your brainpower



Facts Of Thinking A Brain Thing

S Ben Porath



Facts Of Thinking A Brain Thing:

Facts Of Thinking A Brain Thing Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Facts Of Thinking A Brain Thing**," compiled by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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Table of Contents Facts Of Thinking A Brain Thing

1. Understanding the eBook Facts Of Thinking A Brain Thing
 - The Rise of Digital Reading Facts Of Thinking A Brain Thing
 - Advantages of eBooks Over Traditional Books
2. Identifying Facts Of Thinking A Brain Thing
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Facts Of Thinking A Brain Thing
 - User-Friendly Interface
4. Exploring eBook Recommendations from Facts Of Thinking A Brain Thing
 - Personalized Recommendations
 - Facts Of Thinking A Brain Thing User Reviews and Ratings
 - Facts Of Thinking A Brain Thing and Bestseller Lists

5. Accessing Facts Of Thinking A Brain Thing Free and Paid eBooks
 - Facts Of Thinking A Brain Thing Public Domain eBooks
 - Facts Of Thinking A Brain Thing eBook Subscription Services
 - Facts Of Thinking A Brain Thing Budget-Friendly Options
6. Navigating Facts Of Thinking A Brain Thing eBook Formats
 - ePub, PDF, MOBI, and More
 - Facts Of Thinking A Brain Thing Compatibility with Devices
 - Facts Of Thinking A Brain Thing Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Facts Of Thinking A Brain Thing
 - Highlighting and Note-Taking Facts Of Thinking A Brain Thing
 - Interactive Elements Facts Of Thinking A Brain Thing
8. Staying Engaged with Facts Of Thinking A Brain Thing
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Facts Of Thinking A Brain Thing
9. Balancing eBooks and Physical Books Facts Of Thinking A Brain Thing
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Facts Of Thinking A Brain Thing
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Facts Of Thinking A Brain Thing
 - Setting Reading Goals Facts Of Thinking A Brain Thing
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Facts Of Thinking A Brain Thing
 - Fact-Checking eBook Content of Facts Of Thinking A Brain Thing
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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