



FULL PLATE LESS WEIGHT

HOW TO BE A WEIGHT LOSS WINNER

Ray Kelly

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D Siedentop



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web sep 20 2013 the pattern includes instructions on how to make half square triangles from squares which means all those leave points will end up where they are supposed to and it teaches you how to cut on the lengthwise grain to create log cabin strips that don t stretch my favorite part of the pattern is constructing the blocks in sets of four

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web using fall prints from various collections i made 6 maple leaf blocks then around each block i added 1 5 logs in red orange brown and forest green prints and fall patterns i arranged the blocks so they look like they are falling through they air the back is made up of large pieces of autumn themed prints

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web we haven t seen this combination of autumn splendor and log cabin patterns before but we like it be sure to note the wide variety of fabrics used for the autumn leaves and the fine patchwork piecing the burgundy sash has a suede like appearance very sharp made in lancaster by an amish woman

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