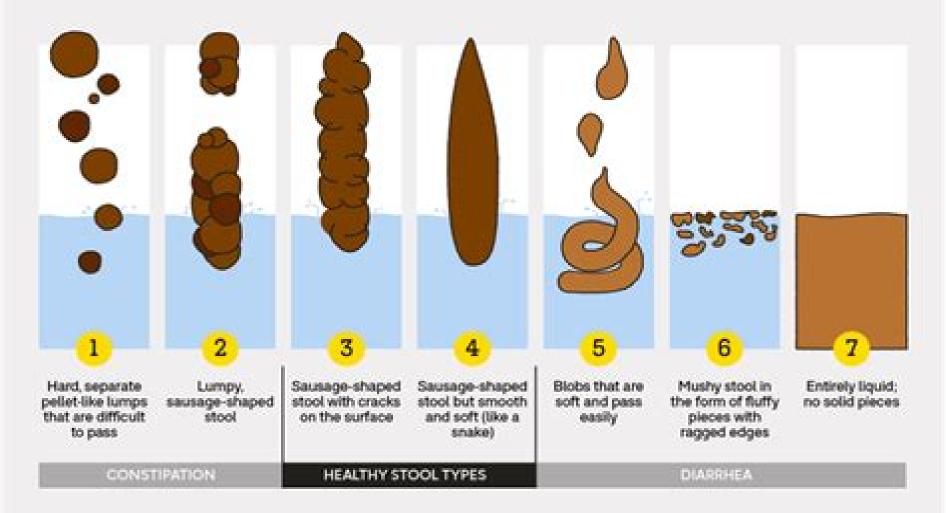
### Score Your Poop

# **Bristol Stool Chart**



<sup>\*</sup> Everyone has different bowel habits. And stools can be different once in a while. If your your stools are too hard or too loose on a regular basis, let your healthcare provider know.



## **How Often Should You Poop**

**Joy Masoff** 

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