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Traduit par **Elizabeth Echlin**, américaine, parisienne et praticienne certifiée en Hypno-Naissance[®]. Formée par Marie F. Mongan, elle assure des cours d'Hypno-Naissance[®] à Paris et a déjà accompagné plus de 300 couples qui souhaitent vivre la naissance de leur enfant avec plus de sérénité.

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