

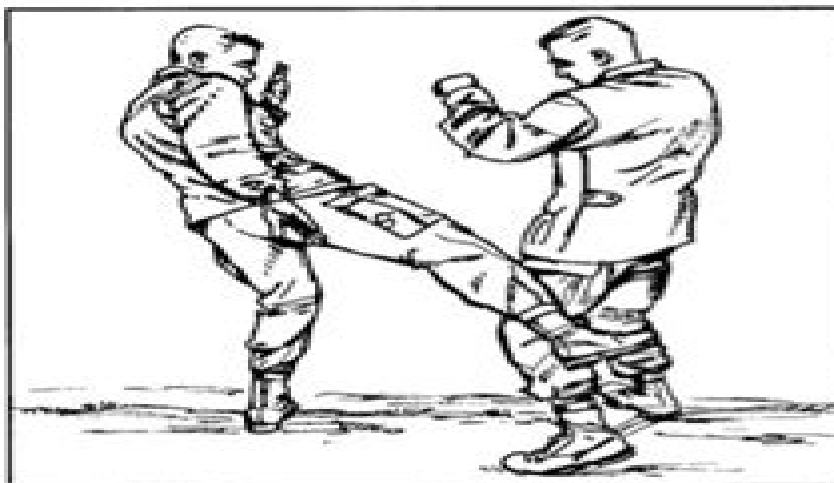


Figure 5-6. Shin kick to common peroneal nerve.

The calves and common peroneal nerve (Figure 5-6) are the best striking points.

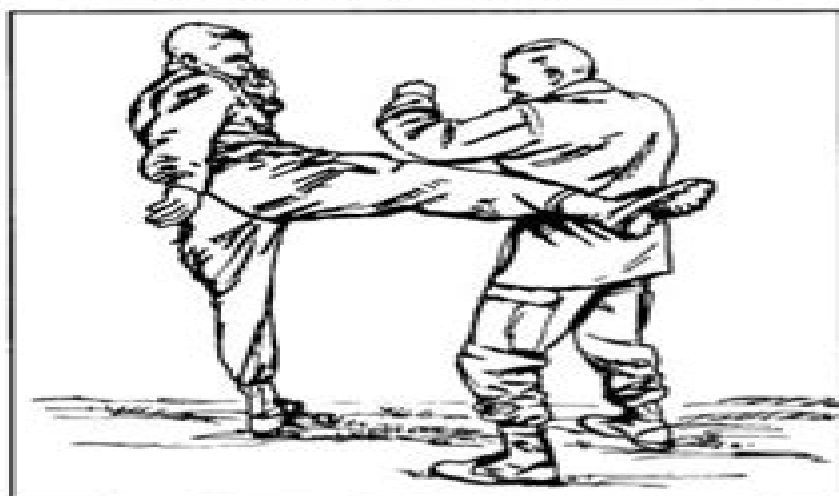


Figure 5-7. Shin kick to floating ribs.

The shin kick can also be used to attack the floating ribs (Figure 5-7).

Krav Maga Self Defense Manual

Yicheng Fang



Krav Maga Self Defense Manual:

Unveiling the Magic of Words: A Overview of "**Krav Maga Self Defense Manual**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Krav Maga Self Defense Manual**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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