

MFA Visual Fit Guide

Bad Fit



Bad Fit



Bad Fit



The Shirt

Collar should just graze your neck without constricting it.

Cuffs should meet the point where your palm begins

The shoulder seam should be at your shoulder bone.

Sleeves should not be so tight that you can see the details of your arm, but it should also not be so loose as to billow.

When you fold your hands behind your head, the shirt should not come out of the pants. If it does, the armholes may not be high enough.

Shirt length should be such that you can bend and make natural movements without it coming out of your pants.

There should not be too much excess fabric in the chest and waste (which causes billowing as seen on left)

Good Fit



The Chino

No pants should need a belt to stay on your hips.

The chino should not be tight to the leg, but also should not billow. It should be comfortably close to the leg without causing resistance

You generally want one break in the pant leg (A break is a crease at the base of the pant leg created when the pant collapses onto the shoe). If you're going sockless with slim chinos then you probably want no breaks.

Avoid pleats.

Good Fit



The Jacket

Concerning length: a suit jacket is like a good lawyer; it should cover your ass. Some say that it should reach your knuckles, but this assumes the length of your arms is normal.

The second button from the bottom should be just above your belly-button (never below)

With your arms at your sides, the sleeves should cover the wrist bone, and no more. (Note that your dress shirt will have 1-2cm longer sleeves, which allows you to "show some cuff")

While buttoned, the jacket should not pull across the chest significantly.

The shoulder seam should lie on the edge of your shoulder. There should be minimal buckling; the sleeve should be smooth at the shoulder.

About 2cm of shirt collar should be revealed by the jacket collar.

Holding your hand flat, you should easily be able to fit it inside the jacket under the lapels. However it should be slim to the chest - there shouldn't be an air pocket there.

Similarly to shirts, armholes must be sufficiently high.

Good Fit



Guide To Male

SJ Ball



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