Session 1

Session 2

Session 3

Content discussed:

- Expectations of the psychoeducational sessions
- Patient and partner informational needs
- · Prior knowledge
- · Prior self-care

Content discussed:

- Intentions for and beliefs about self-care
- Patient's need for support from the partner and others
- Partner's behavior and needs of support due to the altered roles in the relation

Content discussed:

- Partners overprotection
- Concerns with intimacy and communication
- Partners perceived burden
- · Plans for the future

Cognitive, supportive, behavioral outcomes:

- Increased knowledge on HF and treatment
- Improved mental and physical function

Cognitive, supportive, behavioral outcomes:

- Increased self-care behaviour
- Increased knowledge on lifestyle changes

Cognitive, supportive, behavioral outcomes:

- Increased knowledge on self-care
- Improved mutual support and control
- Decreased caregiver burden
- Setting priorities and planning for the future

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David Kerekes

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Psychotropedia Russell Kick,1998 A Guide to Publications on the Periphery The follow up to Russ Kick's acclaimed book Outposts A massive survey of publications that exist outside of the mainstream it provides detailed reviews and ordering information for over 1100 books zines catelogues and other media Described as the Whole Earth Catalogue of Alternative thought by the Reuters News Service From A to Zine Julie Bartel,2004 Libraries eager to serve the underserved teen to twenty year old market can make the library a cool place to hang out All it takes are zines according to the author young adult librarian Julie Bartel Zines and alternative press materials provide a unique bridge to appeal to disenfranchised youth alienated by current collections For librarians unfamiliar with the territory or anxious to broaden their collection veteran zinester Bartel establishes the context history and philosophy of zines then ushers readers through an easy do it yourself guide to creating a zine collection includ Bizarrism Chris Mikul,1999 A funny and entertaining look at outlandish ideas wacky religious cults and the extremes of human beliefs both in Australia and overseas It is a celebration of strange and eccentric lives with an emphasis on unsung Australian eccentrics bringing together the best ten years of Bizarrism magazine

Disinformation Book of Lists Russ Kick, 2004-06-01 Can you name five military leaders who were transgendered Twelve cases of involuntary human experimentation by the U S government How about the four porn novels written by famous authors 11 books left out of the Bible and over 50 side effects of NutraSweet that have been reported to the FDA In 1977 David Wallechinsky Irving Wallace and Amy Wallace published The Book of Lists causing an immediate sensation Not only did it lead to three direct seguels in 1980 1983 and 1993 it also created a new genre Soon shelves were lined with The First Original Unexpurgated Authentic Canadian Book of Lists 1978 The Book of Sports Lists 1979 and Meredith's Book of Bible Lists 1980 among many others Using this popular enduring format Russ Kick's Disinformation Book of Lists delves into the murkier aspects of politics current events business history science art and literature sex drugs death and more Despite such unusual subject matter this book presents hard substantiated facts with full references Among the lists presented Innocent People Freed from Prison Members of the Skull Bones Secret Society at Yale Drugs Pulled Off the Market After They Killed Too Many People Legal Substances that Will Get You High Scenes that Were Cut from Movies Raunchy Songs that Were Never Released Military Officers Government Officials Astronauts and Airline Personnel Who Say UFOs Are Real Words and Phrases No Longer Allowed in Textbooks Headpress ,1999 Factsheet Five ,1998 Art Libraries Journal ,2001

Alternative Library Literature ,2000 Below Critical Radar Roger Sabin, Teal Triggs, 2000 The move from the underground to the mainstream by many fanzines and underground comics has been largely ignored by the mainstream media These writings consider how and why this has occurred and the relationship between reader and producer Kid Culture Kathleen McDonnell, 2000 With clarity and humour the author addresses why pop culture is an irresistable lure to kids by confronting the issues which both plague and challenge parents and educators today The book examines questions

such as is Saturday morning TV as bad as it seems Should I give my daughter a Barbie and How is violence affecting kids Final Judgment Michael Collins Piper, 2004 The controversial US underground bestseller Water's Fall Christopher Sheil, 2000 Academic examination of the massive rationalisation of Australia s water system in the closing decades of the 20th century Investigates two major breakdowns the Big Pong in Adelaide in the autumn of 1996 and the contamination crisis in Sydney in the winter of 1997 Uses the recent breakdowns in our water infrastructure to take the reader deep inside the ideas that govern modern society Includes illustrations appendices notes and index Author is a Visiting Fellow in the School of History at the University of New South Wales Previous titles include War on the Wharves A Cartoon History Illustrator is a prominent cartoonist who is regularly published in the Australian Alter/Asians Ien Ang, 2000 Exploration of how Australia and Asia are interwined in everyday culture and in the imagined worlds of Australians of all backgrounds Investigates Asian cultural production of art literature media and performance that embody Asian social and cultural experiences Includes endnotes bibliography and index Ang and Chalmers work in the School of Cultural Studies at University of Western Sydney Law and Thomas are Australian Research Council Postdoctoral Fellows at Australian National University and the Research Centre in Intercommunal Studies respectively **50 Things You're Not Supposed to Know** Russ Kick, 2004-11-01 Ever feel like you re being kept in the dark Do you feel like the facts and history you rely on might not be the truth the whole truth and nothing but Russ Kick delivers a second round of stunning information forgotten facts and hidden history all thoroughly researched and documented Sized for quick reference filled with facts illustrations and graphic evidence of lies and misrepresentations 50 Things You re Not Supposed to Know Volume 2 presents the vital often omitted details on human health hazards government lies and secret history and warfare excised from your schoolbooks and nightly news reports Russ Kick and The Disinformation Company have published five successful books together since 2001 Each one has become a bestseller establishing Russ as the leader in gathering and disseminating the hidden history forgotten facts secret stories and Bookseller, 1998 covert cover ups that they don t want you to know The British National Bibliography Arthur James Wells,2000 Arts & Humanities Citation Index ,2000 The Agony and the Ecstasy of Underground Culture! David Kerekes, 1999

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