

REVIEW SHEET

Gross Anatomy of the Muscular System



Instructors may assign a portion of the Review Sheet questions using [Mastering A&P™](#)

Name Eries Willis Lab Time/Date _____

Classification of Skeletal Muscles

1. Several criteria were given for the naming of muscles.

For each of the criteria below, list at least two muscles that are named for the given criterion.

1. Muscle location: temporalis; brachioradialis
2. Muscle shape: deltoid; trapezius
3. Muscle size: pectoralis major; pectoralis minor
4. Direction of muscle fibers: external oblique; rectus femoris
5. Number of origins: biceps brachii; triceps brachii
6. Location of attachment: sternocleidomastoid; flexor carpi radialis
7. Muscle action: adductor magnus; supinator

2. Match the key terms to the descriptions below.

Key: a. prime mover (agonist) b. antagonist c. synergist d. fixator e. origin f. insertion

- a 1. term for the biceps brachii during forearm flexion
- d 2. term that describes the relation of brachioradialis to biceps brachii during forearm flexion
- b 3. term for the triceps brachii during forearm flexion
- f 4. term for the more movable muscle attachment
- e 5. term for the more fixed muscle attachment
- c 6. term for the rotator cuff muscles and deltoid when the forearm is flexed and the hand grabs a tabletop to lift the table

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