## CLEP Exam: Human Growth and Development Study Guide 2024

List The Big Five 1.) Extroversion 2.) Neuroticism 3.) Agreeableness 4.) Conscientiousness
5.) Openness
Neuroticism refers to instability - Emotional
In development research, nature is the component of an organisms development - Hereditary
The nature of a person can include what? Physical - Mental
- Emotional traits
In developmental research, the component of an organisms development is known as nurture - Environmental
Sensory studies are done in developmental psychology research to try to determine what effect the environment has on development - Deprivation
Environmental theories are those theories that aim to explain or predict behavior based primarily on a persons and past experience, and not placing as much
emphasis on genetics - Learning
According to hierarchy of needs, at the top of the pyramid is self-actualizatio - Abraham Maslow
Define, "The need to reach ones unique potential to the fullest" - Self-actualization
Epigenetic theories emphasize what? - Nature and nurture
Erikson proposed that there were eight stages of psycho-social development. List the four of which occur during childhood 1.) Trust vs. Mistrust 2.) Autonomy vs. Shame and Doubt 3.) Initiative vs. Guilt 4.) Industry vs. Inferiority
Erikson defined eight stages, and a that is associated with each stage - Crisis

# **Human Growth And Development Study Guide**

Wenbin Ji

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