

The image features a light blue background with various school supplies scattered around. On the left, there is a bundle of colorful pencils (blue, green, orange, yellow, black, purple, blue, green, pink, red, brown) and a wooden ruler showing inches from 10 to 15. On the right, there are yellow-handled scissors, a red apple, and three paper clips (red, blue, green). In the center, two worksheets are stacked. The top worksheet is titled 'Healthy Habits #1' and includes a 'Name:' field, a section for 'Personal Hygiene' with three illustrations (a boy thinking, a girl brushing teeth, and a girl taking a bath), and three sets of horizontal lines for writing explanations. The bottom worksheet is titled 'Health Plan' and includes a 'Name:' field and a section for 'Personal Hygiene' with a grid of boxes for planning.

LOWER GRADES
HEALTH & HYGIENE

Healthy Habits #1
Write an explanation for why each part of personal hygiene is important.

Health Plan
Create a health plan for yourself by setting goals in each area of your life.

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Hygiene Lesson Plans For 4th Grade

JR Anderson



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