

Fundamentals Kaplan Integrated Test

/ QUESTIONS AND ANSWERS / 100%

CORRECT AND RATED A+

Which laboratory test is the best indicator of a client in need of TPN? **Serum albumin**

1. A physician orders nutritional therapy administered via a central vein for a client who cannot take foods orally. What is the term for this type of nutrition? **Total parenteral nutrition (TPN)**
2. A nurse provides discharge education for a client diagnosed with ketosis. Which nutrient would be added to this client's diet? **Carbohydrates**
3. An athlete wants to increase the intake of complex carbohydrates and asks the nurse about potential sources. Which food is considered a complex carbohydrate? **Pasta**
4. A postmenopausal client wishes to increase the amount of vitamin D that she consumes to help keep her bones strong. Which food will the nurse recommend? **Milk**
5. The nurse is performing a nutritional assessment of an obese client who visits a weight control clinic. What information should the nurse take into consideration when planning a weight reduction plan for this client? **Psychological reasons for overeating should be explored, such as eating as a release for boredom.**
6. A 45-year-old client on the inpatient unit has just resumed eating a normal diet. The nurse checks a blood sugar with the morning labs and the result is 99.10 mg/dL (5.5 mmol/L). How would the nurse interpret this blood glucose? **Normal**
7. The nurse is caring for four clients. The nurse recognizes that which client's lifestyle choice contributes most highly to risk for development of cardiometabolic syndrome? **28-year old who eats fast food daily**
8. The nurse is providing care for an older adult client who is recovering from pneumonia on the hospital's medical unit. The nurse sets up the client's dinner tray on his overbed table. The client then states, "I won't be having any of this." What is the nurse's most appropriate response? **"Can you tell me why you don't want to have dinner tonight?"**
10. The nurse performs gastrostomy site care and notes drainage. What action does the nurse take? **Place a drain sponge under the external bumper.**
11. A nurse is caring for a client who has been ordered a clear liquid diet. Which liquid can be included in the client's diet? **Cranberry juice**

Kaplan Pfinal Assessment Answers

Lingsheng Yao



Kaplan Pfinal Assessment Answers:

Whispering the Techniques of Language: An Psychological Quest through **Kaplan Pfinal Assessment Answers**

In a digitally-driven world where monitors reign supreme and instant conversation drowns out the subtleties of language, the profound strategies and emotional subtleties concealed within phrases usually get unheard. Yet, situated within the pages of **Kaplan Pfinal Assessment Answers** a captivating fictional prize pulsating with natural emotions, lies an exceptional journey waiting to be undertaken. Penned by a skilled wordsmith, that marvelous opus encourages readers on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within the cloth of each and every word. Within the mental depths of the moving review, we will embark upon a honest exploration of the book is primary themes, dissect their captivating publishing style, and succumb to the powerful resonance it evokes heavy within the recesses of readers hearts.

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Table of Contents Kaplan Pfinal Assessment Answers

1. Understanding the eBook Kaplan Pfinal Assessment Answers
 - The Rise of Digital Reading Kaplan Pfinal Assessment Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Kaplan Pfinal Assessment Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Kaplan Pfinal Assessment Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Kaplan Pfinal Assessment Answers
 - Personalized Recommendations

- Kaplan Pfinal Assessment Answers User Reviews and Ratings
- Kaplan Pfinal Assessment Answers and Bestseller Lists
- 5. Accessing Kaplan Pfinal Assessment Answers Free and Paid eBooks
 - Kaplan Pfinal Assessment Answers Public Domain eBooks
 - Kaplan Pfinal Assessment Answers eBook Subscription Services
 - Kaplan Pfinal Assessment Answers Budget-Friendly Options
- 6. Navigating Kaplan Pfinal Assessment Answers eBook Formats
 - ePub, PDF, MOBI, and More
 - Kaplan Pfinal Assessment Answers Compatibility with Devices
 - Kaplan Pfinal Assessment Answers Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Kaplan Pfinal Assessment Answers
 - Highlighting and Note-Taking Kaplan Pfinal Assessment Answers
 - Interactive Elements Kaplan Pfinal Assessment Answers
- 8. Staying Engaged with Kaplan Pfinal Assessment Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Kaplan Pfinal Assessment Answers
- 9. Balancing eBooks and Physical Books Kaplan Pfinal Assessment Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Kaplan Pfinal Assessment Answers
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Kaplan Pfinal Assessment Answers
 - Setting Reading Goals Kaplan Pfinal Assessment Answers
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Kaplan Pfinal Assessment Answers
 - Fact-Checking eBook Content of Kaplan Pfinal Assessment Answers

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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