
General Psychology 2301 Exam 1

Define Psychology - Answer-The scientific study of behavior and mental processes.

Functionalism - Answer-Studies the way the mind functions.

Psychoanalysis - Answer-An approach to understanding behavior and mental processes developed by Freud, which focuses on unconscious processes and unresolved conflicts. (Freud)

Behavioral Perspective - Answer-An approach to understanding behavior and mental processes that emphasizes objective, observable environmental influences on overt behavior. (Watson and Skinner)

Behaviorism - Answer-Scientific study of observable behavior.

Humanistic - Answer-Focuses on current environment, how it affects individual, and whether basic needs of love and acceptance were being met.

Humanistic - Answer-An approach to understanding behavior and mental processes that perceives human nature as naturally positive and growth seeking; it emphasizes free will and self-actualization. (Maslow and Rogers)

Cognitive Psychology - Answer-Used technological advances to study psychology's original focus of internal/cognitive processes. Brain activity vs mental. Thinking, perceiving, problem solving, memory, language, and information processing.

Biopsychosocial Model - Answer-An integrative, unifying theme of modern psychology that sees biological, psychological, and social processes as interacting influences.

Naturalistic observation - Answer-The process of observing and recording a research participant's behavior and mental processes in his or her natural setting, without interfering. They do not know they are being tested.

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