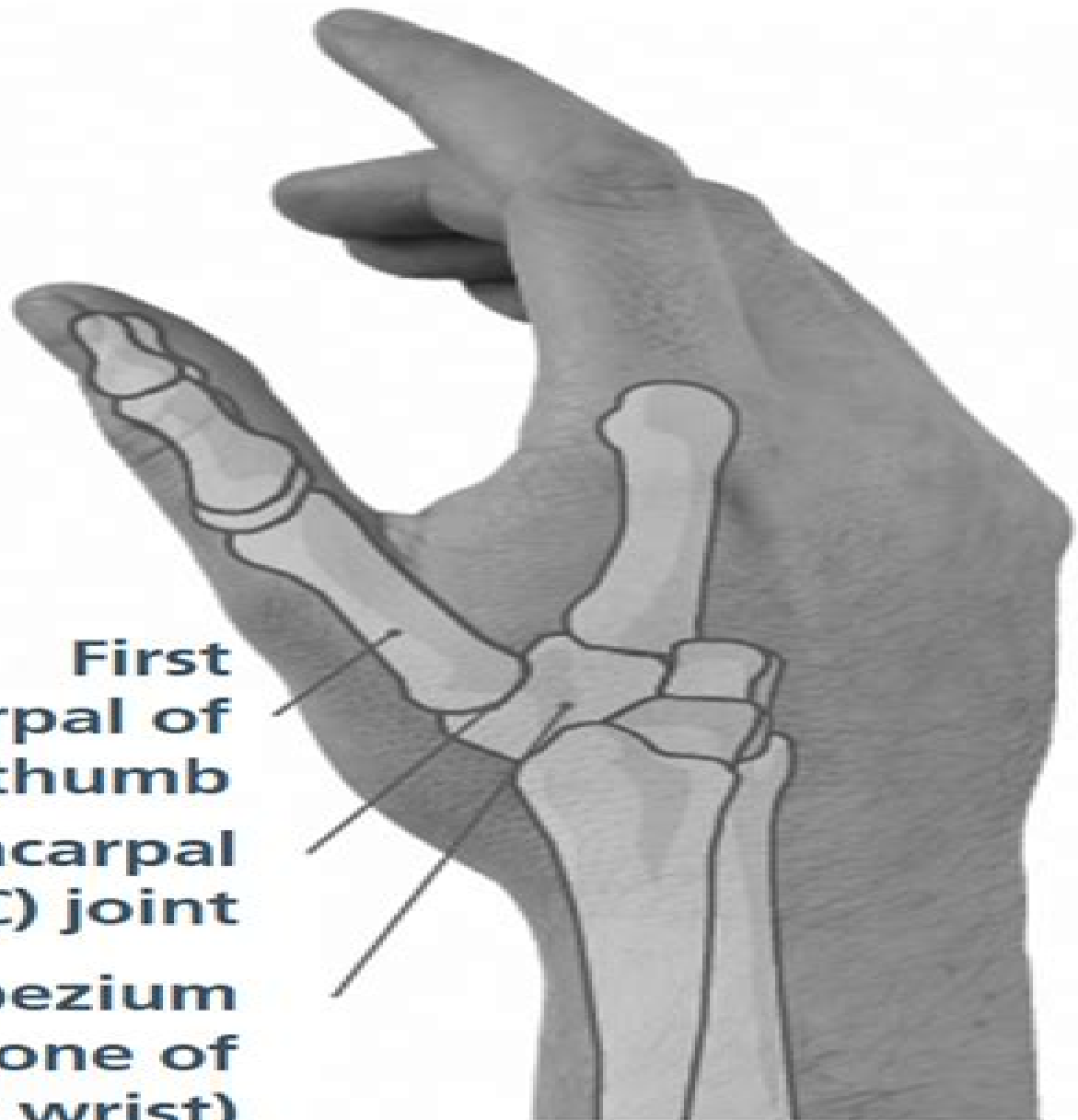


**First  
metacarpal of  
the thumb**

**Carpometacarpal  
(CMC) joint**

**Trapezium  
(carpal bone of  
the wrist)**



# Metacarpal Pain Manual Guide

**Sabine Zange**



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