

## EMERGENCY: PRIORITIES

Always keep in mind your primary responsibilities as a Visit Leader:

1. Keep your group safe.
2. Prevent the situation getting worse.
3. Promote recovery and safe return.

It's also **important** that you:

- do not discuss fault or liability
- get witness details
- take photographs
- do not disturb

**KEEP A RECORD**  
who, what, when

## WHO TO INFORM

Call your Emergency Contact if any of the following apply:

- You need support
- The emergency is serious
- The emergency is ongoing

Tell your emergency contact:

## FIRST AID

**REMEMBER:** The aims of First Aid are to:

1. Preserve life:
  - Casualties need to be able to breathe
  - Unconscious put them into a safe position
  - Try to find and stop any serious bleeding
2. Prevent the condition worsening
  - Protect the casualty from the weather
  - Monitor their condition
  - Keep them warm and dry
  - Monitor their condition
3. Promote recovery
  - Talk to the casualty
  - Monitor their condition

See National First Aid

## EDUCATIONAL VISITS EMERGENCY GUIDE



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# Emergency Pocket Guide

**William Porter**



## Emergency Pocket Guide:

Pocket Guide to the American Board of Emergency Medicine In-Training Exam Bob Cambridge, 2013-07-04 A portable comprehensive revision guide for resident physicians preparing for the ABEM Emergency Medicine In Training Exam

**Emergency & Critical Care Pocket Guide** Derr, Jon Tardiff, Mike McEvoy, 2016-09-21 The most popular pocket reference in emergency nursing now in a new edition The Emergency Critical Care Pocket Guide has been an essential resource for physicians paramedics and nurses for over a decade The Pocket Guide consolidates critical information found in desk references into a convenient 3x5 pocket size format that is handy enough to take with you anywhere *Home Emergency Pocket Guide* Informed, 2012-03 When Every Second Counts Your Response To An Emergency Can Determine The Impact The Situation Will Have On Those Around You Knowing What To Do Saves Lives The Home Emergency Pocket Guide Is A Tool You Can Use To Start Preparing And Protecting Yourself Your Home And Your Family Today This Pocket Sized Guide Provides Instant Access To Critical Information On Emergency First Aid Preparation And Survival For Storms Fires Earthquakes Floods Hurricanes And More Because We Live In Uncertain Times This Guide Also Includes Information On How To Survive Homeland Attacks And Acts Of Domestic And Citizen Terrorism **Emergency & Critical Care Pocket**

**Guide, Revised Eighth Edition** Paula Derr, 2021-07-16 The most popular pocket reference in emergency nursing now in a new edition The Emergency Critical Care Pocket Guide has been an essential resource for physicians paramedics and nurses for over a decade The Pocket Guide consolidates critical information found in desk references into a convenient 3x5 pocket size format that is handy enough to take with you anywhere *Home Emergency Pocket Guide* Julie Henry, Heather

Larson, Jeff Rubin, 2007-01-01 **Emergency & Critical Care Pocket Guide** Mr. Rohit Manglik, 2024-06-24 Portable reference covering essential emergency procedures drug dosages algorithms and quick clinical tools **Emergency**

**Medicine Sonography: Pocket Guide to Sonographic Anatomy and Pathology** Dunstan Abraham, Cynthia Silkowski, Charles Odwin, 2010-10-22 Emergency Medicine Sonography Pocket Guide to Sonographic Anatomy and Pathology is a quick reference guide that fits in the palm of your hand and is perfect for the clinical emergency setting This portable resource provides the pertinent information on performing sonographic procedures and interpreting sonographic images Filled with high quality sonographic images and written in a clear concise style this is an essential resource for physicians physician assistants nurse practitioners and other health professionals **Porter's Pocket Guide to Emergency and**

**Critical Care** William Porter, 2007 Packed with vital practical facts Health Professionals Rely on Porter's Pocket Guides for Fast Accurate Clinical Information Porter's Pocket Guide to Emergency Critical Care is a quick reference for emergency and critical care nurses and other healthcare professionals containing all of the key clinical information they need at their fingertips This pocket guide covers emergency and critical care related to cardiology neurology and pediatrics Key Features ACLS guidelines Quick reference to ER and ICU nurses 52 critical medications dosage charts for critical drips Automatically

interprets ABG results Instant EKG interpretation identify interior wall MI s from anterior posterior and lateral wall MIs Cover neurology cardiology pediatrics With nearly 500 000 copies in print the Porter s Pocket Guide Series is well known in the nursing field and includes Porter s Pocket Guide to Nursing Porter s Pocket Guide to Pediatrics and Porter s Pocket Guide to Emergency Critical Care Each title is a succinct portrait of the key clinical information nurses and health professionals need Porter s Pocket Guides have been an indispensable reference to healthcare professionals and institutions for over 15 years

Pocket Guide To Emergency First Aid Larraine Sumaya,2021-04-28 What would you do if a member of your family suffered a medical emergency You could certainly call for trained emergency medical responders but what would you do while you re waiting for them to arrive Every second counts during a medical emergency Be prepared for any medical emergency and handle it safely and efficiently with this guide Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness and those that are more serious with this essential handbook Each section of the book includes a quick list of signs and symptoms to look for and step by step first aid instructions for dealing with each situation all in user friendly simple language that s easy to understand Medical issues covered include First aid basics including roles and responsibilities of a first aider managing an incident activating emergency services and infection control Lifesaving skills including the recovery position cardiopulmonary resuscitation CPR and use of an automated external defibrillator AED Minor injuries and conditions including soft tissue injuries splinters blisters eye injuries nosebleed diarrhea and vomiting Traumatic injuries including severe bleeding amputation shock fractures crush injuries burns and head and neck injuries Medical emergencies including heart attack stroke asthma anaphylaxis hypoglycemia meningitis seizures poisoning and emergency childbirth Environmental conditions including hypothermia frostbite heatstroke sunburn and lightning strike Pediatric emergencies and illnesses including assessing an unresponsive child or baby pediatric cardiopulmonary resuscitation CPR choking croup and febrile seizures First aid kit lists for home vehicles and outdoor use with an appendix featuring an A to Z list of every condition covered it s easy for you to quickly find the exact information you need in any situation you may face With its small trim and portable size this Guide is the perfect addition to a home first aid kit car first aid kit disaster survival bag as well as a pocket companion for EMTs and other first responders in the field

**The Prepper's Pocket Guide** Bernie Carr,2011-07-12 Stay safe and be prepared for any disaster with this DIY guide featuring 101 easy prepper projects and practical survival skills From California earthquakes and Rocky Mountain wildfires to Midwest floods and Atlantic hurricanes you can t escape that inevitable day when catastrophe strikes your home town but you can be prepared Offering a simple DIY approach this book breaks down the vital steps you should take into 101 quick smart and inexpensive projects With the Prepper s Pocket Guide you ll learn to 6 Make a Master List of Passwords 16 Calculate How Much Water You Need 33 Start a Food Storage Plan for 5 a Week 60 Make a Safe from a Hollowed out Book 77 Assemble an Inexpensive First Aid kit 89 Learn to Cook Without Electricity 94 Pack a Bug out

Bag     *Basic First Aid Pocket Guide* Thomas Barron, 2024-04-08 A basic first aid pocket guide is a compact and comprehensive reference tool that provides essential information on how to handle common medical emergencies. It is intended for use by anyone from trained medical professionals to laymen as a quick and handy aid to assist in emergency situations. The guide typically includes a variety of topics related to first aid such as CPR, bleeding, burns, fractures, and poisoning. These topics are organized in an easy-to-follow manner with step-by-step instructions and illustrations to help the reader understand and perform the right actions. One of the key features of a first aid pocket guide is its portability. It is designed to be carried with ease, making it accessible in times of need. Many pocket guides are small enough to fit in a standard pocket or can be attached to a keychain for convenient access. In addition to providing instructions for specific medical emergencies, a basic first aid pocket guide also covers general first aid tips. This includes topics such as how to create a first aid kit, how to assess a situation, and how to determine if professional medical help is needed. Apart from the written content, a good first aid pocket guide also includes illustrations or diagrams. These visuals are especially helpful for individuals who are visual learners, making it easier for them to follow and understand the instructions. Another important feature of a first aid pocket guide is its simplicity. It is written in a concise and straightforward manner using layman's terms to ensure that it is easy to understand for people with varying levels of medical knowledge. While a first aid pocket guide is a valuable tool to have on hand, it is important to note that it is not a replacement for proper medical training. Its purpose is to provide guidance and quick references in emergency situations until professional help arrives. In conclusion, a basic first aid pocket guide is an essential item to have in any first aid kit. Its compact size, comprehensive information, and simplicity make it a valuable resource for anyone to have in times of medical emergencies.

Benefits of buying this book

- 1 Portability
- 2 Quick reference
- 3 Accessibility
- 4 Visual aids
- 5 Cost effective
- 6 Comprehensive information
- 7 Easy to understand
- 8 Available in different formats
- 9 Promotes confidence
- 10 Can save lives

Don't leave home without it. The basic first aid pocket guide is an essential tool that provides critical information in emergency situations. Whether you are a trained medical professional or a layman, having a pocket guide on hand can make a significant difference in handling medical emergencies. So why wait? Invest in a first aid pocket guide today and never feel unprepared in a medical emergency again. Its compact size, comprehensive information, and easy-to-understand instructions make it a valuable resource for every individual. Don't underestimate the power of quick and reliable information; it can save lives. Get a first aid pocket guide in a format that suits you best: print, e-book, or a mobile app. Keep it with you at all times in your pocket, bag, or attached to your keychain. Be a responsible and prepared individual; equip yourself with the knowledge and confidence to handle any medical emergency that comes your way. Don't wait for an emergency to happen; act now and get your own first aid pocket guide. You never know when you might need it, but with this handy guide by your side, you will be ready to handle any situation with ease and expertise. Don't leave home without your first aid pocket guide and be a life saver in times of need.

*The Complete First Aid Pocket Guide* John

Furst,2018-11-13 From minor cuts and burns to heart attacks and strokes this handy take anywhere guide gives you the knowledge and advice you need to recognize and respond to any medical emergency Be prepared for any medical emergency and handle it safely and efficiently with The Complete First Aid Pocket Guide Quickly identify signs and symptoms of a wide range of medical conditions and learn how to recognize the difference between a minor injury or illness and those that are more serious with this essential handbook Each section of The Complete First Aid Pocket Guide includes a quick list of signs and symptoms to look for and step by step first aid instructions for dealing with each situation all in user friendly simple language that s easy to understand Medical issues covered include First aid basics including roles and responsibilities of a first aider managing an incident activating emergency services and infection control Lifesaving skills including the recovery position cardiopulmonary resuscitation CPR and use of an automated external defibrillator AED Minor injuries and conditions including soft tissue injuries splinters blisters eye injuries nosebleed diarrhea and vomiting Traumatic injuries including severe bleeding amputation shock fractures crush injuries burns and head and neck injuries Medical emergencies including heart attack stroke asthma anaphylaxis hypoglycemia meningitis seizures poisoning and emergency childbirth Environmental conditions including hypothermia frostbite heat stroke sunburn and lightning strike Pediatric emergencies and illnesses including assessing an unresponsive child or baby pediatric cardiopulmonary resuscitation CPR choking croup and febrile seizures First aid kit lists for home vehicles and outdoor use With an appendix featuring an A to Z list of every condition covered it s easy for you to quickly find the exact information you need in any situation you may face With its small trim and portable size The Complete First Aid Pocket Guide is the perfect addition to a home first aid kit car first aid kit disaster survival bag as well as a pocket companion for EMTs and other first responders in the field *The First Responder's Field*

*Guide to Hazmat and Terrorism Emergency Response* ,2006-09 **Pocket Guide to Oncologic Emergencies** Monica

Kathleen Wattana,2023-08-24 A portable and practical guide to the treatment diagnosis and management of oncologic emergencies for all healthcare providers First Aid Pocket Guide National Safety Council,Alton L. Thygerson,1996 The

most convenient informative and useful first aid guide for every home car and office Endorsed by more than 60 national organizations **The Pocket Guide to Prepping Supplies** Patty Hahne,2016-04-19 You will need more than just food and

water when the grid goes down Many people know what they need to survive a doomsday scenario They stock high calorie foods and clean water they find their own sources of power and heat and they prepare to defend themselves if need be With all they have stored they have the ability to survive for days even months at a time You may think you have finished preparing once you have accumulated these basic necessities but there is always more that can be done In The Pocket Guide to Prepping Supplies Patty Hahne offers up two hundred and thirty five oft forgotten items that may prove to be indispensable for surviving the apocalypse should it happen From the mundane like quality shelving and needle and thread to more specialized tools such as a closet auger and jumper cables Hahne describes how each one can prove to be a vital addition to

the prepper's cache You may be surprised to see what common household items can do when used creatively and Hahne is here to help inspire you Presented in a compact design The Pocket Guide to Prepping Supplies is an important addition to any prepper's book collection one that can be carried in a purse or pocket stored in the car or slipped into that carefully prepared bug out bag

**A Pocket Guide for Medical Students** Sarah Cuschieri, 2023-03-29 This book is addressed to future and enrolled medical students as well as new graduated doctors with the main aim to help them getting the grips of what the medical degree is all about and what are the different phases encountered as well as how to survive them There are various aspects that medical students should be aware of some hidden issues that no one will tell you unless they have passed from the experience themselves This book will also feature the author's personal experiences both as a student and a lecturer This is a unique feature that will enable readers to understand that they are not alone others have experienced their fears and desires Readers will be provided with tips on how to survive the course how to deal with arising issues and how to balance studying and living a life This book intends to also highlight the importance of researching during medical school and how to go about it as well as how to prepare CVs and job interviews An insight into life beyond medical school is also provided Thanks to the practical and easy to use outline in accordance with various stages from enrolling to preclinical and clinical stages expectations from targeting work life balance to conducting research preparing for a medical job interview and life beyond this book will benefit and guide all future medical doctors through their medical school years

Emergency Survival Christopher Van Tilburg, 2001 Emergency Survival A Pocket Guide offers the necessary steps to surviving a broad scope of emergency situations from broken bones bleeding and snakebites to heat exhaustion frostbite and hypothermia A section on surviving in the wilderness offers direction on finding shelter from the cold what to do if you get lost procuring water and food and building fires

*Pocket Guide for Huszar's Basic Dysrhythmias and Acute Coronary Syndromes - E-Book* Keith Wesley, 2011-03-01 Updated to reflect the 2010 ECC guidelines Pocket Guide for Huszar's Basic Dysrhythmias and Acute Coronary Syndromes 4th Edition includes ECG components followed by information on how to interpret ECGs to arrive at a diagnosis

**Pocket Guide to Emergency First Aid** Betty Cordes, Ron Cordes, Gary LaFontaine, 1993-06-01 This amazing little book covers everything from blisters to heart attacks and the procedures are clearly explained for emergency situations This first aid book was designed to be used during a crisis plastic section tabs allow quick access and a spiral binding keeps it open to the page you are using

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