# GOLD'S GYM XRS 30

www.workoutwarehouse.com

Model No. GGSY20610.0 Serial No.

Write the serial number in the space above for reference.



Serial Number Decal (under the seat)

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Please do not contact the store.

#### A CAUTION

Read all precautions and instructions in this manual before using this equipment. Keep this manual for future reference.

### **USER'S MANUAL**



## **Golds Multi Gym Manual**

**David Kirk** 



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