

Andrea Re

KAMAE

BASIC POSTURES IN KATORI SHINTO RYU

This publication is dedicated to the study of kamae, the fundamental postures of Tenshin Shoden Katori Shinto Ryu, one of the oldest schools of Japanese swordsmanship still active today.

Not intending to take anything away from other books describing the history and status of Katori Shinto Ryu in Japan, this volume is dedicated to filling an information gap, concerning its technical aspects.

The kata that are practised within the school are nothing more than kamae made dynamic by movements that connect them to each other. For this reason the in-depth study of kamae is of primary importance.

Andrea Re, is 7th Dan - Menkyo Okuden of this school and one of the most active teachers of it. He studied with Goro Hatakeyama sensei, one of the most important figures of reference in the world of Katori Shinto Ryu.



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KAMAE - BASIC POSTURES IN KATORI SHINTO RYU

Andrea Re



KAMAE

BASIC POSTURES IN KATORI SHINTO RYU



Katori Shinto Ryu Manual

Antony Cummins



Katori Shinto Ryu Manual:

Unveiling the Energy of Verbal Beauty: An Mental Sojourn through **Katori Shinto Ryu Manual**

In a world inundated with screens and the cacophony of instant interaction, the profound power and psychological resonance of verbal art often disappear in to obscurity, eclipsed by the constant barrage of sound and distractions. Yet, nestled within the musical pages of **Katori Shinto Ryu Manual**, a captivating perform of literary splendor that impulses with fresh emotions, lies an wonderful journey waiting to be embarked upon. Written with a virtuoso wordsmith, this mesmerizing opus instructions visitors on a mental odyssey, delicately revealing the latent possible and profound affect embedded within the delicate internet of language. Within the heart-wrenching expanse of this evocative analysis, we shall embark upon an introspective exploration of the book is central themes, dissect their captivating publishing type, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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