



SOFTBALL



Lesson Plan for Grade 7, PE

Prepared by: _____

OVERVIEW & PURPOSE

Focusing on throwing, fielding and batting throughout the two weeks. At the beginning of each new skill the students will be evaluated on their ability to perform that certain skill. The last day of the lesson there will be a softball game to evaluate improvement on all three skills.

EDUCATION STANDARDS

Anchor standard 1: Motor skills and movement patterns

Anchor standard 2: Movement and performance

Anchor standard 3: Physical activity and fitness

OBJECTIVES

1. Practice catching and throwing
2. Practice hitting with proper technique
3. Understanding softball rules and strategy

MATERIALS NEEDED

- Cones
- Gather balls
- Plastic bats

Elementary Softball Lesson Plans

J Elliott



Elementary Softball Lesson Plans:

Whispering the Techniques of Language: An Psychological Journey through **Elementary Softball Lesson Plans**

In a digitally-driven earth where screens reign great and immediate communication drowns out the subtleties of language, the profound strategies and psychological nuances concealed within words frequently go unheard. However, located within the pages of **Elementary Softball Lesson Plans** a captivating literary treasure blinking with fresh thoughts, lies an exceptional quest waiting to be undertaken. Published by an experienced wordsmith, that marvelous opus invites readers on an introspective journey, softly unraveling the veiled truths and profound affect resonating within ab muscles material of each word. Within the psychological depths of the emotional review, we will embark upon a heartfelt exploration of the book is primary styles, dissect their fascinating publishing type, and succumb to the effective resonance it evokes deep within the recesses of readers hearts.

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