

HESI RN HEALTH ASSESSMENT

MOLE CHANGE

Recent changes in the color and size of a mole are possible signs of cancer that should be evaluated by a health care provider as soon as possible.

ABDOMEN EXAM PREPARATION

Prior to an abdominal examination, the client should be empty of their bladder because a full bladder makes the exam uncomfortable and can interfere with assessment and finding.

STEATORRHEA

- Steatorrhea is fatty stool that is smelly stool.
- Observation of the stool is the only way to confirm the presence of steatorrhea.

DESCRIPTIVE TERMINOLOGY

The nurse should describe the pain as occurring in Epigastric region of the abdomen.

SKIN SENSATION - ASSESS

- A monofilament is used to assess changes in peripheral sensation.
- An abnormal finding, such as lack of feeling in the feet when a monofilament is used to stroke the skin surface, indicate loss of peripheral sensation.

Hesi Assessment Exam Study Guide

Lingjun Ying



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