

## DIABETES INSIPIDUS

# Exit Exam

# Study Guide

# Safety/Legal/Ethical

# Medical Surgical

# Pediatrics

# Fundamentals

# Psychiatric

# Maternity

and more!

**DESCRIPTION:**

Condition of hypofunctioning of posterior pituitary gland. In which ADH is released, but in reduced quantity.

Hyposecretion of ADH by posterior pituitary gland.

## ASSESSMENT

- signs of dehydration
- ↓ low urine output and concentration
- Dilutional hyponatremia
- weight gain with fluid
- changes in level of consciousness and mental status
- Hypertension
- Tachycardia

## CONCLUSION

- Time deficit
- Fixed urine output and dilute
- Polydipsia
- Low urine specific gravity  $< 1.010$
- Nocturnal hypertension
- Tachycardia

## Interventions

- Monitor vital signs and neurologic status
- Provide a safe environment, particularly for the client with changes in the level of consciousness or mental status.
- Restrict fluid intake as ordered.
  - Monitor IV fluids carefully because of risk of fluid volume overload.

Monitor vital signs and cardiac and neurological status

- Provide a safe environment, particularly for the client with postural hypotension
- Maintain client intake of adequate fluids.

# Hesi Exit Study Guide

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