

The Ultimate ACLS Study Guide

ADVANCED LIFE SUPPORT IN THE PREHOSPITAL SETTING
 PROVIDING QUALITY CARE TO YOUR PATIENTS AND YOURSELF



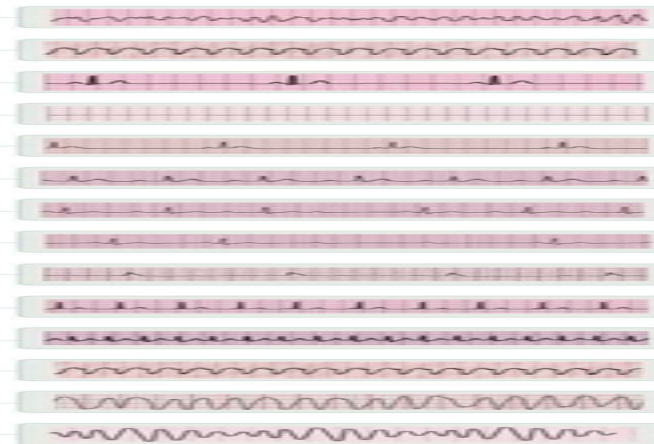
EKG Anatomy



P Wave - represents electrical activity in the SA Node. Prolonged P wave indicates a delay in conduction.
PR Interval - represents the time between the P wave and the QRS complex. Prolonged PR interval indicates a delay in conduction.
QRS Complex - represents the electrical activity of the ventricles. A prolonged QRS complex indicates a delay in conduction.
T Wave - represents the electrical activity of the ventricles. A prolonged T wave indicates a delay in conduction.

ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic, and disorganized. Immediate CPR/Defibrillation.
- Ventricular Tachycardia** - Irregular, rapid, and disorganized. Prolonged QRS complex. Prolonged QT interval. Prolonged QT interval.
- Supraventricular Tachycardia** - Regular, rapid, and narrow QRS complex. Prolonged QT interval.
- Abrystole** - No electrical activity. No P waves, QRS complex, or T waves. Immediate CPR/Defibrillation.
- Sinus Bradycardia** - Regular, slow, and narrow QRS complex. Prolonged QT interval.
- 1st Degree AV Block** - Regular, narrow QRS complex. Prolonged PR interval. Prolonged QT interval.
- 2nd Degree Block Type I - Wenckebach** - Regular, narrow QRS complex. Prolonged PR interval. Prolonged QT interval.
- 2nd Degree Block Type II - Mobitz** - Regular, narrow QRS complex. Prolonged PR interval. Prolonged QT interval.
- 3rd Degree Block** - Regular, narrow QRS complex. Prolonged PR interval. Prolonged QT interval.
- Sinus Tachycardia** - Regular, rapid, and narrow QRS complex. Prolonged QT interval.
- Supraventricular Tachycardia** - Regular, rapid, and narrow QRS complex. Prolonged QT interval.
- Paroxysmal Supraventricular Tachycardia** - Regular, rapid, and narrow QRS complex. Prolonged QT interval.
- Polymorphic Ventricular Tachycardia** - Irregular, rapid, and wide QRS complex. Prolonged QT interval.
- Torsades de Pointes** - Irregular, rapid, and wide QRS complex. Prolonged QT interval.



Electrical Therapy Basics



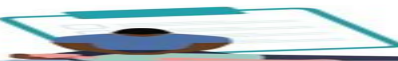
- Defibrillation** - Used to treat ventricular fibrillation (VF) and pulseless ventricular tachycardia (VT).
- Synchronized Cardioversion** - Used to treat atrial fibrillation (AF), atrial flutter (AFL), and supraventricular tachycardia (SVT).
- Transcutaneous Pacing** - Used to treat bradycardia and asystole.

Airway Management



- Adjuvants** - Used to facilitate intubation and oxygenation.
- Endotracheal Tube (ETT)** - Used for mechanical ventilation and oxygenation.
- Supraglottic Airway (SGA)** - Used for mechanical ventilation and oxygenation.
- Respiratory Support** - Used to provide oxygenation and ventilation.

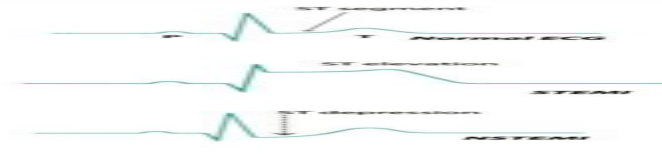
Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation.
- Temperature** - Maintain normothermia.
- Glucose** - Maintain normoglycemia.
- pH** - Maintain normopH.
- Electrolytes** - Maintain normoelectrolytes.
- Coagulation** - Maintain normocoagulation.
- Organ Function** - Monitor and support organ function.

Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain at rest, not relieved by rest or nitroglycerin.
- ST Segment Elevation MI (STEMI)** - Chest pain, ST segment elevation on ECG.
- Non-ST Segment Elevation MI (NSTEMI)** - Chest pain, ST segment depression or T wave inversion on ECG.



Stroke Assessment and Treatment

- Stroke Assessment** - Use the Cincinnati Prehospital Stroke Scale (CPSS) to assess for stroke.
- Stroke Treatment** - Administer aspirin and tPA if appropriate.

Code Termination

- Consult with medical control before code termination.**
- Document the code termination.**

This document is for informational purposes only and should not be used as a substitute for medical training or clinical judgment.

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