

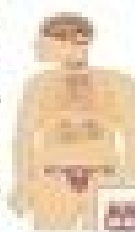
Endocrine System Coloring Activity

Name: _____

The Endocrine System

Introduction: Hormones are often referred to as "chemical messengers." These tiny messengers are created and released by one organ, and into the bloodstream, and regulate the activity of another organ or cell. For example, adrenaline is created and released by the **adrenal glands**. It is sent into the bloodstream and has impacts on many other organs in our body, such as the heart. Adrenaline can only get heart rate to increase in a stressful situation. The **ovarian glands** and **testes** are in completely different body systems, but thanks to hormones these organs can "communicate."

Many organs in the human body. **Endocrine glands** are a smaller group of organs that make and release hormones into the bloodstream. These glands can be found throughout the body and collectively make up the **endocrine system**. In this activity, you will read about each endocrine gland, color it, and finally color which hormones it produces.



1. What is a hormone?
2. What is an example of a hormone?
3. Which type of glands make hormones?

Hypothalamus

If you've studied the nervous system, you are familiar with the **hypothalamus**, a part of the brain. The **hypothalamus** receives information from the brain and bloodstream on the conditions of the body. It responds to this information by creating hormones, which it then sends to the **pituitary gland**, which hangs from the hypothalamus. The **pituitary gland** either responds to or sends these hormones back to the hypothalamus.

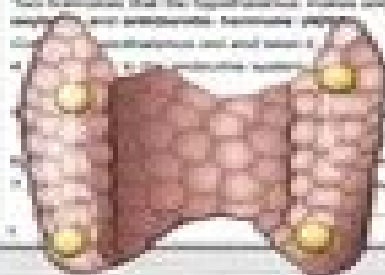
Two hormones that the hypothalamus makes and sends to the **pituitary gland** are **growth hormone** and **adrenocorticotropic hormone**.



Color the hypothalamus and label it.

1. The **endocrine system** is the system where the hypothalamus "talking to"

2. Which hormone from the **pituitary gland** triggers the **adrenal cortex** to produce hormones?



Color the thyroid gland and label it.

3. Which hormone from the **thyroid gland** triggers the **adrenal cortex** to produce hormones?

Anatomy of the Endocrine System



1. The **hypothalamus** is located behind the brain and is part of the endocrine system. It is known as the **master gland**, which sends signals to the **pituitary gland**.

2. The **pituitary gland** is located below the hypothalamus and is part of the endocrine system. It is known as the **master gland**, which sends signals to the **adrenal cortex**.

3. The **adrenal cortex** is located on top of the **adrenal glands**, which are located on top of the **kidneys**.

4. The **adrenal cortex** produces hormones that regulate the body's response to stress.

5. The **adrenal cortex** produces hormones that regulate the body's response to stress.

6. The **adrenal cortex** produces hormones that regulate the body's response to stress.

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19. The **adrenal cortex** produces hormones that regulate the body's response to stress.

20. The **adrenal cortex** produces hormones that regulate the body's response to stress.

No prior learning needed!



Endocrine System Packet Coloring

AN Whitehead



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