

Ellis Lifeguard Training Study Guide with complete solution

Primary Check Steps

1. Survey Scene
2. Gloves
3. Check for response
4. Activate EAP (911/Trauma Bag)
5. Check pulse and breathing

If there is a pulse but no breathing:

Go into AR (Rescue breathing)

If there is no pulse or breathing:

CPR

AR breathing for an adult

1 breath every 5 seconds; 24 total (2 minutes)

AR breathing for a child/infant

1 breath every 3 seconds; 40 total (2 minutes)

AR Steps:

1. Open airway
2. Breaths (every 5 sec adult, every 3 sec child/infant)
3. Visible chest rise
4. 2 minutes
5. Reassess after 2 mins - Check pulse and breathing

CPR for adults:

How many?

How long?

How deep?

Rate?

30 compressions, 2 breathes

Forever

2-2.4 inches

110 Compressions/min.

CPR for kids/infants:

How many? (Team v. single)

depth?

Single = 30 compressions, 2 breathes

Team = 15 compressions, 2 breathes

1/3 chest depth

When the chest stops rising

readjust and try 1 more breath (first times you, second time is them) then proceed to FBAO

FBAO

FBAO =

Foreign Body Airway Obstruction

FBAO steps

Ellis Lifeguard Study Guide

N Noddings



Ellis Lifeguard Study Guide:

Reviewing **Ellis Lifeguard Study Guide**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Ellis Lifeguard Study Guide**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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