

# HEALTH ASSESSMENT LEC

## INTEGUMENTARY SYSTEM

WEEK 5 || MARCH 2021  
JOHANNE FLORENCE LEGASPI

- Risk for skin cancer
- Need for health promotion education regarding skin

COMMON SYMPTOMS	COMMON SYMPTOMS
Rash	Lesions
Nonhealing lesions	Bruising (ecchymosis)
Moles	Hair loss
Growths	Nail changes

### PAST HISTORY

- Skin diseases
- Diabetes or peripheral vascular disease
- Allergies or food sensitivities
- Burns or sunburns
- Corticosteroid medications
- Medication use
- Immunization record

### FAMILY HISTORY

- Same or similar symptoms
- Skin diseases
- Allergies

### LIFESTYLE AND PERSONAL HABITS

- Bathing and shampooing routines
- Change of products
- Wear false nails or wigs
- Go to nail salon r gym
- Sun exposure
- Skin self-examination
- Exposure to chemicals or radiation
- Diet

### PHYSICAL EXAMINATION OF SKIN

- Use natural or artificial light that resembles it
- Ensure patient is properly draped
- Inspect and palpate

### COLOR

- Look for increased pigmentation, loss of pigmentation, or redness of skin
- Assess for cyanosis or pallor
- Assess for jaundice

## SKIN COLOR CHANGES

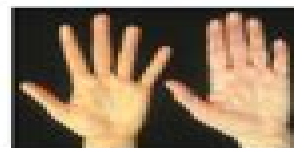
Cyanosis



Erythema



Carotenemia



Jaundice



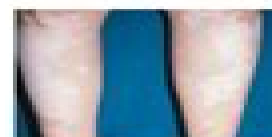
Café-Au-Lait spot



Acanthosis nigricans



Vitiligo



# Jarvis Health Assessment Study Guide Integumentary

**Rachel Sandford**



## **Jarvis Health Assessment Study Guide Integumentary:**

## **Jarvis Health Assessment Study Guide Integumentary** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Jarvis Health Assessment Study Guide Integumentary**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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