

Esta proyección al suelo realiza este movimiento porque es útil contra una amenaza con cuchillo o arma similar y cuando el defensor debe desplazarse al lado muerto. No obstante, es igualmente útil contra amenazas con pistola o cuando el defensor se ve forzado a moverse hacia el lado muerto por su propia intención.

Tiene que ser consciente de que esta técnica no controla eficazmente al arma. Por tanto, es muy importante y solo debe realizarse cuando no se disponga de otras opciones.

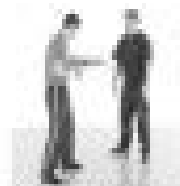


Diagrama 1: Posición de partida

Posición de partida: De frente al agresor armado; si ves forzado a desplazarte a su lado izquierdo.

1. Desplázate al subido como en línea Larga por Delante o Lado Muerto (seg. 138).

2. Pasa rápidamente de manera que quedes junto al agresor o ligeramente por detrás de él. Tu cuerpo debe estar cerca de él.

3. Si mano izquierda debe pasar, desviándose, por encima y por debajo del arma, atropellado hacia el cuerpo del agresor. Si mano derecha se atropella entre sus piernas lo más posible (imagina que tratas de alejarte hacia atrás para apartarte por la fuerza del impulso).

4. Usa tus piernas (si lo necesitas) para levantar los pies del suelo. Mantén te levantas, los pies juntos o de forma que quedes con los pies inclinados hacia arriba y la cabeza hacia abajo.

5. Proyéctalo contra el suelo.

6. Cuando estás al, manténlo inmóvil. Si el arma se ha hecho a un lado, no dejes de controlarla.

Otras situaciones de partida que pueden utilizar esta defensa de proyección al suelo cuando no hay otra opción.

Atropella la figura con el lado derecho, con la mano izquierda sobre el hombro derecho de la víctima.

Atropella Delante en la Mano Atroada, con la Mano Adelantada (impulso) y fúndese el Centro o el Centro izquierdo de la víctima.



Manual Completo Krav Maga

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