

Duke Health Profile

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Instructions: Here are some questions about your health and feelings. Please read each one carefully and mark your best answer with an X. You should answer the questions in your own way. There are no right or wrong answers. Please ignore the small scoring numbers next to each blank.

	Yes, describes me exactly	Sometimes describes me	No, doesn't describe me at all
1. I like who I am	33	34	33
2. I am not an easy person to get along with.	26	25	25
3. I am basically a healthy person.	33	33	34
4. I give up too easily.	40	33	27
5. I have difficulty concentrating.	30	34	33
6. I am happy with my family relationships.	40	42	18
7. I am comfortable being around people.	33	33	34
TODAY would you have any trouble with:	None	Some	A Lot
8. Walking up a flight of stairs	42	40	18
9. Running the length of a football field	52	40	8
In the PAST WEEK, how much trouble have you had with:	None	Some	A Lot
10. Sleeping	100	100	100
11. Hurting or aching in any part of your body	110	110	110
12. Getting tired easily	100	100	100
13. Feeling depressed or sad	100	100	100
14. Nervousness	140	140	140
During the past week, how often did you:	None	Some	A Lot
15. Socialize with other people (talk or visit with friends/relatives)	150	150	150
16. Take part in social, religious or recreation activities (meetings, church, movies, sports, parties)	100	100	100
During the past week, how often did you:	None	3-4 Days	5-7 Days
17. Stay in your home, a nursing home, or hospital because of sickness, injury, or other health problem	100	100	100

Manual Scoring Duke Health Profile

SJ Ball



Manual Scoring Duke Health Profile:

Decoding **Manual Scoring Duke Health Profile**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Manual Scoring Duke Health Profile**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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