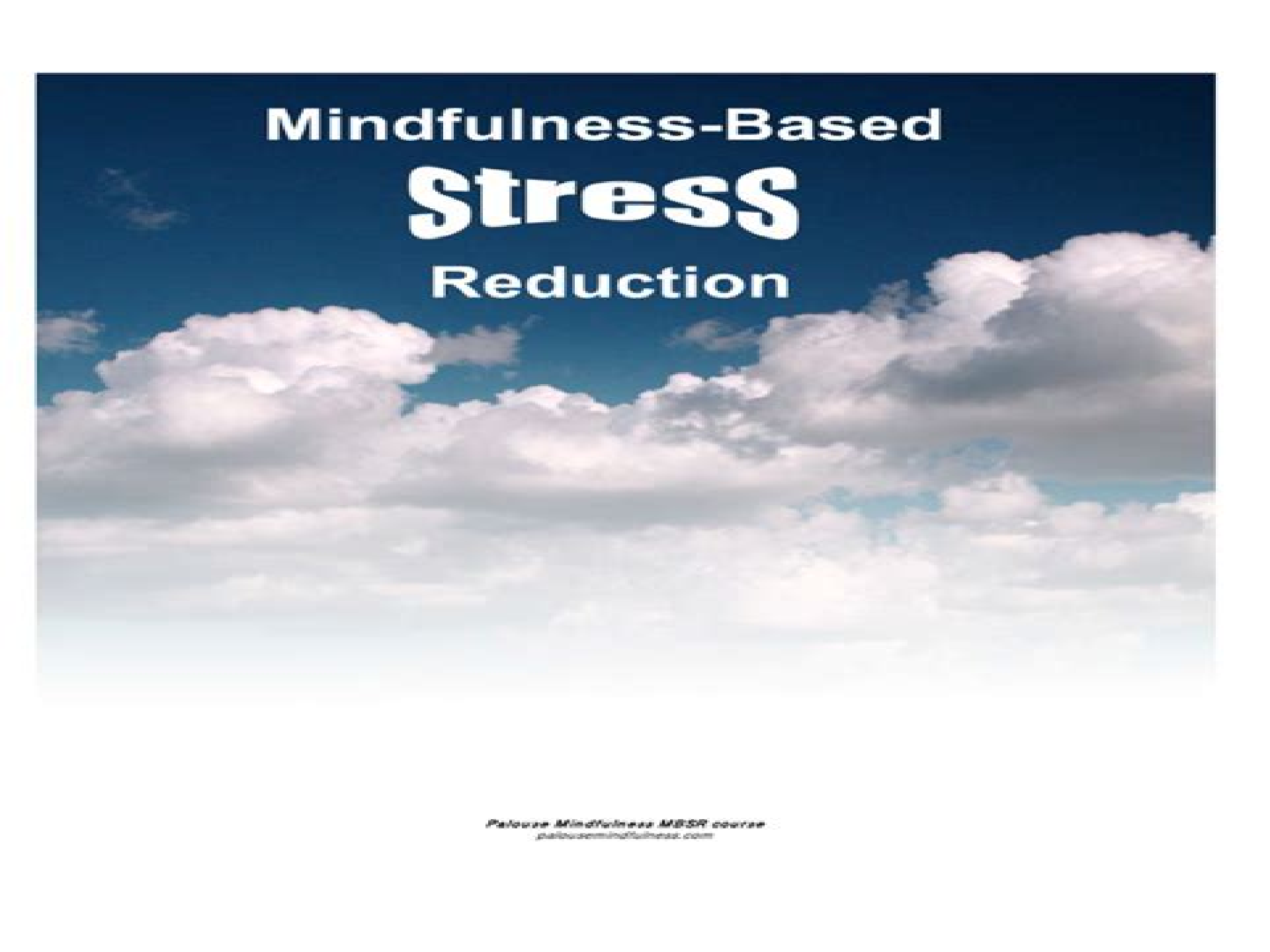


The background of the slide is a photograph of a bright blue sky filled with large, fluffy white clouds. The clouds are scattered across the frame, with some appearing closer and more detailed, while others are further away and more ethereal. The overall mood is peaceful and serene.

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Mindfulness Based Manual:

Unveiling the Magic of Words: A Review of "**Mindfulness Based Manual**"

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