

USING KEY TERMS

1. **Identify** the term for a "disease caused partly by unhealthy behaviors and partly by other factors."

Answer: Lifestyle diseases (page 6)

2. **Identify** the term for "not taking part in physical activity on a regular basis."

Answer: Sedentary (page 6)

UNDERSTANDING KEY IDEAS

3. **State** the type of disease that causes most deaths in the United States today.

Answer: Lifestyle diseases (page 6)

4. **List** three examples of uncontrollable risk factors.

Answer: The four listed on page 7 are: age, race, gender, and heredity.

5. **Identify** which of the following is **not** a controllable risk factor. (Answer on page 7)

a. exercise

d. age

b. diet

e. weight

6. **Compare** the leading causes of death for teens with those of all ages.

Answer: The leading cause of death for teens is motor vehicle accidents, while the leading single cause for people of all ages is heart disease. (Graph on page 9)

7. **State** the six risk behaviors that lead to health problems in teens.

Answer: Sedentary lifestyle, alcohol and other drug use, sexual activity, behaviors that cause injuries, tobacco use, and poor eating habits (pages 8-10)

8. **Identify** the risk behavior that leads to the most deaths in teens.

Answer: Behaviors that cause injuries (page 10)

9. **Identify** the risk behavior that is the leading preventable cause of death in the United States.

Answer: Tobacco use (page 10)

CRITICAL THINKING

Holt Chapter Section Quiz Answers

Rachel Sandford



Holt Chapter Section Quiz Answers:

Adopting the Beat of Phrase: An Psychological Symphony within **Holt Chapter Section Quiz Answers**

In a world used by displays and the ceaseless chatter of fast interaction, the melodic beauty and emotional symphony created by the written term frequently diminish into the backdrop, eclipsed by the relentless sound and interruptions that permeate our lives. However, located within the pages of **Holt Chapter Section Quiz Answers** an enchanting fictional treasure filled with raw emotions, lies an immersive symphony waiting to be embraced. Constructed by an elegant composer of language, this captivating masterpiece conducts viewers on an emotional journey, skillfully unraveling the hidden tunes and profound impact resonating within each cautiously constructed phrase. Within the depths of the poignant review, we shall discover the book is central harmonies, analyze its enthralling writing fashion, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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