

HESI FUNDAMENTALS

1. A policy requiring the removal of acrylic nails by all nursing personnel was implemented 2 months ago. Which assessment measure best determines if the intended outcome of the policy is being achieved?
 - a. Number of staff without injury
 - b. Client satisfaction survey
 - c. **Health care-associated infection rate**
 - d. Rate of nosocomial infection by nurse
2. The nurse is preparing to admit a newly admitted client with personal hygiene measures. The client...the client's gag reflex. Which action should the nurse include?
 - a. Offer mouth care of water through a straw
 - b. **Place tongue blade on back half of tongue**
 - c. Give aspirin to decrease back of oral cavity
 - d. Aspirate breath sounds after client coughs
3. The nurse explains to an older adult male the procedure for collecting a 24-hour urine specimen for creatinine clearance.
 - a. Assess the client for confusion and teach the procedure
 - b. Check the urine for color and texture
 - c. **Empty the voided container into the 24-hour collection container**
 - d. Discard the contents of the void
4. A 54-year-old male client and his wife were informed this morning that he has terminal cancer. Which nursing intervention is likely to be most effective?
 - a. Ask how often the would like to participate in the client's care
 - b. Provide the wife with information about hospice
 - c. Encourage the wife to visit after painful treatments are completed
 - d. **Offer her to support group for family members of those dying of cancer**
5. A client who has a body mass index (BMI) of 38 is requesting information on the initial approach to a weight loss plan. Which action should the nurse recommend?
 - a. Plan low carbohydrate and high protein meals
 - b. Engage in strenuous activity for an hour daily
 - c. **Keep a record of food and drinks consumed daily**
 - d. Participate in a group exercise class 3 times a week
6. The nurse assesses a client who has a nasal cannula delivering oxygen at 2 L/min. To assess the skin damage related to the cannula, which areas should the nurse observe?
 - a. **Tip of the ear**
 - b. Bridge of the nose
 - c. **Across the nostrils**
 - d. **Over the cheeks**
 - e. **Across the forehead**
7. The nurse observes an unlicensed assistive personnel (UAP) who is providing a total bed bath for a confused and incontinent client. The UAP is making the client's head in a basin of warm water placed on the bed. What action should the nurse take?
 - a. Remove the basin of water from the client's head immediately
 - b. **Remind the UAP to dry between the client's toes completely**
 - c. Advise the UAP that this procedure is damaging to the skin
 - d. Add skin cream to the basin of water while the head is washing
8. The nurse in the emergency department observes a colleague viewing the electronic health record (EHR) of a client who holds an altered position in the community. The client is not a part of the colleague's assignment. Which action should the nurse implement?
 - a. **Confront the colleague's actions to the unit charge nurse**
 - b. Send an email to facility administration reporting the action
 - c. Write an anonymous complaint to a professional colleague
 - d. Post a comment about the action on a staff discussion board
9. At 0100 on a male client's second postoperative night, the client states he is unable to sleep and plans to read until feeling sleepy. What action should the nurse implement?
 - a. Leave the room and close the door to the client's room
 - b. **Assess the appropriateness of the client's original sleeping**
 - c. **Bring the client a prescribed PRN sedative hypnotic**
 - d. Discuss symptoms of sleep deprivation with the client
10. The nursing staff in the cardiovascular intensive care unit are starting a continuous quality improvement project on central lines that transmit necessary artery blood gases (CABG). Which action should the nurse implement to protect client privacy?
 - a. **Review which type of unit the client is assigned**
 - b. Recall that medical content may be legally disclosed
 - c. Share medical items available, per reviewed content only
 - d. Request all copyright laws when adding website content
11. A male client with unstable angina needs a cardiac catheterization, so the healthcare provider explains the risks and benefits of the procedure, and then leaves to set up for the procedure. When the nurse presents the consent form for signature, the client hesitates and asks how the nurse will keep his heart going. Which action should the nurse take?
 - a. Answer the client's specific questions with a short understandable explanation
 - b. **Paraphrase the procedure until the client understands the risks and benefits**
 - c. Call the client's next of kin and ask them to provide verbal consent
 - d. Page the healthcare provider to return and provide additional explanation
12. The nurse is teaching a client how to do active range of motion (ROM) exercises. To exercise the hip joints, which action should the nurse instruct the client to perform?
 - a. **Turn the pelvis forward and backward**

Hesi Fundamentals Exam Questions

PT Brinkman



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Table of Contents Hesi Fundamentals Exam Questions

1. Understanding the eBook Hesi Fundamentals Exam Questions
 - The Rise of Digital Reading Hesi Fundamentals Exam Questions
 - Advantages of eBooks Over Traditional Books
2. Identifying Hesi Fundamentals Exam Questions
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Hesi Fundamentals Exam Questions
 - User-Friendly Interface
4. Exploring eBook Recommendations from Hesi Fundamentals Exam Questions
 - Personalized Recommendations

- Hesi Fundamentals Exam Questions User Reviews and Ratings
- Hesi Fundamentals Exam Questions and Bestseller Lists
- 5. Accessing Hesi Fundamentals Exam Questions Free and Paid eBooks
 - Hesi Fundamentals Exam Questions Public Domain eBooks
 - Hesi Fundamentals Exam Questions eBook Subscription Services
 - Hesi Fundamentals Exam Questions Budget-Friendly Options
- 6. Navigating Hesi Fundamentals Exam Questions eBook Formats
 - ePub, PDF, MOBI, and More
 - Hesi Fundamentals Exam Questions Compatibility with Devices
 - Hesi Fundamentals Exam Questions Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Hesi Fundamentals Exam Questions
 - Highlighting and Note-Taking Hesi Fundamentals Exam Questions
 - Interactive Elements Hesi Fundamentals Exam Questions
- 8. Staying Engaged with Hesi Fundamentals Exam Questions
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Hesi Fundamentals Exam Questions
- 9. Balancing eBooks and Physical Books Hesi Fundamentals Exam Questions
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Hesi Fundamentals Exam Questions
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Hesi Fundamentals Exam Questions
 - Setting Reading Goals Hesi Fundamentals Exam Questions
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Hesi Fundamentals Exam Questions
 - Fact-Checking eBook Content of Hesi Fundamentals Exam Questions

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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