


# Multidisciplinary Approach to Obesity

From Assessment  
to Treatment

Andrea Lenzi  
Silvia Migliaccio  
Lorenzo Maria Donini  
*Editors*

 Springer

# Multidisciplinary Approach To Obesity From Assessment To Treatment

**Qassim Baker, Munther Aldoori**



## **Multidisciplinary Approach To Obesity From Assessment To Treatment:**

Multidisciplinary Approach to Obesity Andrea Lenzi, Silvia Migliaccio, Lorenzo Maria Donini, 2014-11-18 This book describes in detail the multidisciplinary management of obesity providing readers with a thorough understanding of the rationale for a multidisciplinary approach and with the tools required to implement it effectively The emphasis is on a translational approach starting from basic concepts and fundamental mechanisms of the pathology and clinical morbidity Experts in the field discuss the full range of relevant topics including the significance of physical exercise psychological issues nutritional strategies pharmacological options and bariatric surgery Put another way the book covers all aspects from the bench to the bedside Physicians scientists and postgraduate students will all find it to be invaluable in understanding the causes and optimal management of obesity which has rapidly become a major public health problem **Telehealth : A**

**Multidisciplinary Approach** Joel J. Heidelbaugh, 2021-02-05 Clinics Collections Depression draws from Elsevier's robust Clinics Review Articles database to provide multidisciplinary teams including psychiatrists general practitioners and pediatricians with practical clinical advice and insights on how telehealth can be implemented in individual specialties Clinics Collections Telehealth guides readers on how to apply current best practices in the implementation of telehealth to everyday practice to help overcome patient challenges and complications keep up with new and advanced treatment methods and improve patient outcomes Areas of focus include implementation of telehealth in pediatric care sleep medicine gynecology and women's health and telepsychiatry Each article begins with keywords and key points for immediate access to the most critical information Articles are presented in an easy to digest and concisely worded format **Care of the Obese in**

**Advanced Practice Nursing** Lisa L. M. Maher, 2015-12-02 The first book to provide APNs with the tools to effectively treat obese patients This book is the first resource to give the APN the practical tools with which to communicate assess and treat obese patients Designed to help APNs to easily broach an uncomfortable topic the book walks practitioners through the exam providing tips on effective communication understanding lifestyle constraints and working with the patient to improve their condition without shame Emphasizing multidisciplinary approaches and evidence based treatment the book addresses prevention provider recognition and treatment of adult and pediatric obesity with the goal of improving overall quality of life The resource offers practical information on diet and exercise that foster healthy weight loss along with psychological pharmacological and surgical recommendations Effective tips on all facets of working with obese patients bolstered with real life examples that provide the patient's perspective help APNs understand and provide a better quality of care to these vulnerable patients Additionally the book includes substantial information on comorbidities which add to the complexity of obesity treatment Chapters address current trends and causes of obesity communication dos and don'ts the technical aspects of obesity including genetics and pathophysiology obesity as an addiction eating disorders assessment from the APN point of view disease management pharmacological surgical and medical management and costs and insurance coverage Several

tools that can be used to enhance clinical practice are featured in the Appendix Key Features Written specifically for the Advanced Practice Nurse Covers all facets of communication with assessment of and treatment of obese patients Includes case studies and treatment plans from a nursing perspective Highlights a multidisciplinary approach Includes effective tips photographs and real life examples that illustrate the patient's perspective *Genome Editing in Cardiovascular and Metabolic Diseases* Junjie Xiao,2022-12-01 This book provides the latest research progress on genome editing in cardiovascular and metabolic diseases and includes bioinformatics research methodology of genome editing Genome editing is a genetic engineering technique precisely modified specific target genes of organism genome which has been applied to basic theoretical research and production applications from plants and animals to gene therapy of human beings Cardiovascular and metabolic diseases have become major factors affecting human health worldwide This book contains information about bioinformatics genome editing in cardiovascular diseases genome editing in metabolic diseases and therapeutic effects It will be useful for biologist cardiologist cardiovascular surgeons endocrinologist internists nurses undergraduate and graduate students in medicine and cell biology and others interested in cardiovascular and metabolic medicine Pediatric Obesity: A Focus on Treatment Options Fatima Cody Stanford,Angela K. Fitch,2019-08-15

Treatment of the Obese Patient Robert F. Kushner,Daniel H. Bessesen,2007-05-08 The aim of this book is to inform clinicians of recent advances in obesity research and provide a review of current treatment issues and strategies Part 1 covers new discoveries in the physiological control of body weight as well as the pathophysiology of obesity Part 2 covers a range of issues that are central to the clinical management of obese patients This illustrated volume will stimulate and engage clinicians **Metabolic Basis of Obesity** Rexford S. Ahima,2010-11-16 The obesity epidemic has generated immense interest in recent years due to the wide ranging and significant adverse health and economic consequences that surround the problem Much attention has been focused on behaviors that lead to obesity in particular to over consumption of energy dense food and to sedentary lifestyle However obesity is an extremely complex condition with poorly defined pathogenesis Thanks to greatly enhanced research in the area the discovery of pathways in the brain and peripheral organs that mediate energy homeostasis has provided a framework for understanding the biological basis of obesity Metabolic Basis of Obesity adds an important new dimension to the growing literature on obesity by offering a comprehensive review of specifically how metabolic imbalance culminates in obesity Developed by a team of expert authors this important title discusses the principles of energy balance genetics of body weight regulation hormones and adipokines and metabolic pathways in the brain liver muscle and fat to name just several of the areas covered The book also examines the connection between obesity and diabetes cardiovascular disease and other complications Current and future diagnostic and treatment strategies are also reviewed Comprehensive and timely Metabolic Basis of Obesity is an essential reference for understanding the burgeoning problem of obesity **Primary Care of Children with Chronic Conditions - E-Book** Cheri

Barber,2024-03-16 Provide comprehensive primary care for the growing number of children with chronic conditions  
Featuring contributions from more than 50 expert nurse practitioners and their interprofessional colleagues Primary Care of Children with Chronic Conditions offers expert guidance on the management of children with special needs and their families Comprehensive coverage presents the most current knowledge and insights available on these specific conditions including information on the COVID 19 pandemic This valuable resource helps providers improve pediatric care for chronic conditions and addresses the need for transitional care to adulthood and the issues and gaps in healthcare that may hinder the quality of care for this unique population The only book authored by Nurse Practitioners and their colleagues focusing on managing the primary health care needs of children with chronic conditions More than 50 expert contributors provide the most current information available on specific conditions Comprehensive summary boxes at the end of chronic conditions chapters provide at a glance access to key information Full color format enhances readability and highlights key information for quick access Up to date references ensure access to the most current evidence based coverage with the latest research findings and management protocols      Global Malnutrition Jahangir Moini,Oyindamola Akinso,Raheleh Ahangari,2023-11-27 Global Malnutrition Pathology and Complications addresses various types of malnutrition including deficiencies undernutrition excesses overnutrition and imbalances in a person s intake of nutrients Malnutrition is considered a global health crisis causing various types of chronic diseases in humans Malnutrition is very serious when affecting children as the result can be a lifetime of serious health problems This book addresses the importance of combating undernutrition and overnutrition It discusses the prevalence of nutritional disorders and epidemics assesses nutritional requirements for various populations and focuses on special populations most affected by nutritional disorders Features Covers various diseases caused by poor diet and nutrition Provides suggestions on preventing malnutrition by improving diet and nutrition Discusses nutritional disorders and epidemics Presents information on nutritional requirements in special populations Contains clinical case studies with critical thinking questions and answers clinical treatments and costs Featuring an engaging writing style and excellent flow of material Global Malnutrition Pathology and Complications contains practical applications for use in clinical practice It includes suggestions for improving diet and nutrition in order to prevent malnutrition Figures enhance content and questions at the end of the chapters with corresponding answers at the end of the book reinforce the subject matter      **Frailty and Cardiovascular Diseases** Nicola Veronese,2020-01-01 This book aims to clarify the potential association between frailty and cardiovascular disease in older people Covering the biological as well as the clinical point of view it allows researchers and clinicians to discover the significance of this topic The contributions cover the most important aspects in the potential relationship between frailty and cardiovascular disease In particular authoritative authors in this field have clarified the definition and the epidemiology of frailty and cardiovascular disease in older people A large part of the volume is dedicated to the biological mechanisms of frailty and cardiovascular disease trying to find those in common between these two

conditions Since this book is dedicated to both researchers and clinicians we have proposed some chapters to the importance of comprehensive geriatric assessment in the evaluation and treatment of cardiovascular diseases and frailty In this regard the importance of geriatric evaluation in cardiac surgery for older people is well covered Finally the importance of cardiac rehabilitation and physical exercise is summarized being actually the most important treatments for both frailty and cardiovascular disease Written by many well known and widely published experts in their respective fields this book will appeal to a wide readership such as researchers in the field and clinicians especially suited in geriatric medicine and cardiology who every day face frail older patients

*The Massachusetts General Hospital Handbook of Behavioral Medicine* Ana-Maria Vranceanu, Joseph A. Greer, Steven A. Safren, 2016-11-17 This text outlines the importance of biopsychosocial factors in improving medical care and illustrates evidence based state of the art interventions for patients with a variety of medical conditions Each chapter is focused on a particular health concern or illness which is described both in terms of prevalence and frequent psychological and psychiatric comorbidities that may present to clinicians working with these populations Consistent with evidence based care information on the efficacy of the treatments being described is presented to support their continued use To accommodate the needs of clinicians we describe population specific approaches to treatment including goal settings modules and skills as well as strategies to assess and monitor progress To facilitate learning each chapter contains one or more case examples that explicate the skills described to convey change within a behavioral medicine protocol Each chapter also includes resources in the form of books and websites to gain additional knowledge and detail as needed Authors are experts in the field of each chapter ensuring that information presented is recent and of high quality

**Clinical Surgery: A Practical Guide** Qassim Baker, Munther Aldoori, 2009-07-31 Clinical Surgery A Practical Guide is a handbook for all trainees in surgery providing an invaluable and expert guide to all aspects of clinical surgery that the trainee will encounter during their day to day work General chapters on clinical examination pre operative peri operative and post operative care are accompanied by expert guidance on

**Pharmacotherapy of Obesity** Karl G. Hofbauer, Ulrich Keller, Olivier Boss, 2004-06-14 Primarily intended for physicians and health care professionals who are treating obese patients this book explores current and future options for drug treatment of obesity puts them into perspective against available alternative treatments Distinguished scientists and clinical investigators provide reviews of each individual topic covering a wide range of subjects from pathophysiology of obesity to the benefits of weight loss The core sections on pharmacotherapy deal with currently available drugs and drugs in pre clinical development These sections are complemented with sections on non drug treatment and general therapeutic aspects This design provides an integrated view of therapeutic approaches to the treatment of obesity and its associated syndromes

**Obesity and Diabetes** Anthony H. Barnett, Sudhesh Kumar, 2009-03-12 Type 2 diabetes associated with obesity is today the most common form of diabetes It is also associated with a number of other cardiovascular risk factors which constitute the metabolic syndrome Effective

management of diabetes is crucial to the reduction of morbidity and premature mortality due to cardiovascular disease. Part of the successful Diabetes in Practice series, Obesity and Diabetes, Second Edition, focuses on the link between diabetes and obesity, two of the most pressing health problems in the developed world. It covers topics ranging from the changing epidemiology of type 2 diabetes to an analysis of the principal causes of the metabolic syndrome. Includes new chapters on obesity management in ethnic minorities and obesity issues in the workplace. Features many suggestions of practical value. Describes a contemporary approach to the clinical assessment of obesity and its management in both primary and secondary care settings. Covers emerging problems such as childhood diabetes and the impact of obesity on polycystic ovary syndrome. All chapters have been updated. Obesity and Diabetes, Second Edition, addresses the management of obesity and diabetes in practical terms useful to clinicians with an interest in diabetes, both in primary and secondary care: general practitioners, paediatricians, endocrinologists, and nutritionists, as well as to students and researchers interested in obesity.

Neurobiology of Bipolar Disorder Joao L. de Quevedo, Andre Ferrer Carvalho, Eduard Vieta, 2020-11-25. The Neurobiology of Bipolar Disorder: Road to Novel Therapeutics combines the basic neurobiology of bipolar disorder with discussions of the most recent advances in research, including the interacting pathways implicated in the pathophysiology of bipolar disorder, genetic approaches, and the pharmacogenomics of bipolar disorder. The basic foundational understanding of the neurobiology underlying the disorder, along with a comprehensive summary of the most recent advances in research, combine to aid advanced students and researchers in their understanding of bipolar disorder management using novel and fast-acting pharmaceutical and neuromodulatory approaches. Aids readers in understanding bipolar disorder in the context of NIMH Research Domain Criteria (RDoC) recommendations. Covers a range of existing and potential pharmacologic and non-pharmacologic treatment options, from lifestyle adjustments to novel therapeutics. Synthesizes a discussion of the cellular and molecular mechanisms underlying symptoms with clinical aspects of bipolar disorder. *Multidisciplinary Approaches to Common Surgical Problems* Robert Lim, 2019-06-21. Emergent general surgical diseases are the most frequent causes of in-hospital deaths and are the most costly diseases to treat. The purpose of this book is to provide clinicians with an understanding of their roles and that of other disciplines for the treatment of acute and emergent surgical diseases. It is also designed to give a clear pathway for using multiple disciplines to manage these diseases. The text details over 20 problems routinely seen in clinical practice and approaches the disease from the perspective of experts within the different specialties. It provides a comprehensive evidence-based overview and the most up-to-date technology available in clinical practice. An emphasis on new, less-invasive techniques that may have a broader range of indications in the future is also included. Ultimately, the reader will have a better understanding of these acute problems, the other specialties they work with, and when to integrate these other specialties when they encounter these urgent clinical scenarios. Pediatric Gastroenterology and Nutrition in Clinical Practice Carlos H. Lifschitz, 2001-10-26. Covers endoscopic procedures and common surgical

operations of the gastrointestinal tract and liver Contains an overview of nutrition for normal and sick pediatric patients Examines the supply digestion absorption and metabolic utilization of lipids and their importance for growth body composition health and well being Describing early detection and therapeutic approaches to hyperlipidemias in children and young adults Pediatric Gastroenterology and Nutrition in Clinical Practice reveals the latest findings on protein and calcium requirements presents new information on specific nutrients used preferentially by the gut supplies the rationale for the exclusive use of human milk in breastfeeding infants explains the use of nucleotides in infant formulas and the emerging benefits of probiotics offers an overview of recent research and clinical experience in the enteral nutrition of premature infants details diagnoses and therapies for infants and children with severe feeding problems gives critical insight into intravenous nutrition considers the digestive enzymes and transporter proteins needed to absorb carbohydrates as well as the consequences of their deficiencies Addressing nutritional metabolic and mechanistic aspects of protein Pediatric Gastroenterology and Nutrition in Clinical Practice is a comprehensive reference for pediatricians pediatric gastroenterologists hepatologists and nutritionists molecular biologists geneticists neonatologists pathologists and medical students in these disciplines

*Update on Obesity, An Issue of Endocrinology and Metabolism Clinics of North America* Caroline M. Apovian, Dong Wook Kim, 2025-02-11 In this issue of Endocrinology and Metabolism Clinics guest editors Drs Caroline M Apovian and Dong Wook Kim bring their considerable expertise to the topic of Update on Obesity Top experts in the field cover the latest research regarding weight loss drugs drug safety pharmacotherapy AI and nutritional lifestyle changes for managing obesity Contains 15 relevant practice oriented topics including drug safety and pharmacovigilance of anti obesity medications obesity stigma non pharmacological treatment for obesity artificial intelligence and obesity management intermittent fasting and obesity and more Provides in depth clinical reviews on obesity offering actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

*IAP Textbook of Tropical Diseases* Raju C Shah, 2020-03-31 SECTION 1 Epidemiology of Tropical Diseases SECTION 2 Nutritional Disorders in the Tropics SECTION 3 Tropical Neonatal Problems SECTION 4 Bacterial and Rickettsial Infections SECTION 5 Mycobacterial Infections SECTION 6 Viral Infections SECTION 7 Parasitic and Protozoal Infections Infestations SECTION 8 Fungal Infections SECTION 9 Noncommunicable Diseases in the Tropics SECTION 10 Pediatric Subspecialties in Tropics SECTION 11 Accidents and Poisoning in the Tropics SECTION 12 Emergencies and Intensive Care in the Tropics SECTION 13 Environmental Issues SECTION 14 Miscellaneous Issues

**Advances in Bariatric and Metabolic Endoscopy, An Issue of Gastrointestinal Endoscopy Clinics, E-Book** Violeta Popov, Shelby Sullivan, 2024-09-13 In this issue of Gastrointestinal Endoscopy Clinics of North America guest editors Drs Violeta Popov and Shelby Sullivan bring their considerable expertise to the topic of Advances in Bariatric and Metabolic Endoscopy Minimally



invasive metabolic and bariatric endoscopic therapies can bridge the gap between surgical interventions and medical therapy and recent advances have facilitated personalized and patient targeted treatment options for specific disease states In addition these techniques can target different parts of the GI tract that may be responsible for the pathophysiology of obesity and metabolic syndromes This issue provides state of the art clinical reviews on the technical aspects of these procedures as well as patient management Contains 14 relevant practice oriented topics including weight loss pharmacotherapy current and future therapies bariatric surgery current trends and newer surgeries small bowel therapies for metabolic disease and obesity combination therapies anti obesity medications and endoscopic bariatric procedures personalized approach to obesity treatments and more Provides in depth clinical reviews on advances in bariatric and metabolic endoscopy offering actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

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