

## HBS Unit 1 study guide 2023-24

1. Describe the anatomical position (also recognize it in a diagram).

Anatomical position is the position that people use when describing bodily anatomy. This includes standing upright and facing forward with each arm hanging on either side of the body, and the palms facing forward. The legs are parallel, with feet flat on the floor and facing forward.

2. Define:

Directional terms- Words that describe location of a structure in relation to one another.

Regional terms-Describes specific regions of the body

Body cavities -Describes the spaces of the body that contains internal organs or viscera

### True/False:

False a. The axillary region is superior to the buccal region.

False b. The sternal region is lateral to the umbilical region.

True c. The lumbar region is inferior to the cervical region

True d. The face, chest & knee cap are anterior on the body.

True e. The patellar region is on the ventral surface of the lower body.

True f. The scapular region is on the dorsal surface of the upper body.

True g. The calcaneal region is on the posterior side of the body.

True h. The bones of the leg are described as deep, while the ears are attached superficially.

True i. The vertebral region is medial to the scapular region

False j. The carpal region is distal to the digital region.

True k. The antecubital region is proximal to the carpal region.

### Multiple Choice: Select the best possible answer for each of the following.

\_\_\_\_\_ a. Which of the following statements is NOT a function of the skeletal system?

1. Produces blood cells

**C. Creates movement**

2. Stores Minerals

D. Protects underlying tissues & organs

\_\_\_\_\_ b. Which bones are found in the axial skeleton?

1. Skull, ribs, pelvis & vertebrae

C. Sternum, clavicle, scapula & humerus

2. **Skull, ribs, sternum & vertebrae**

D. Humerus, femur, tibia & fibula

\_\_\_\_\_ c. The bone in the forearm that attaches to the thumb side of the wrist is the...

1. **Radius**

C. Humerus

2. Ulna

D. Fibula

\_\_\_\_\_ d. Which lower leg bone is found on the lateral side of the body?

1. Femur

**C. Fibula**

2. Humerus

D. Tibia

\_\_\_\_\_ e. The vertebrae in the region of the neck are called

1. **Cervical**

C. Lumbar

2. Thoracic

D. Sternal

\_\_\_\_\_ f. The most distal bones of the arm would be the

# Hbs Unit Study Guide

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## **Hbs Unit Study Guide:**

## **Hbs Unit Study Guide** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Hbs Unit Study Guide**, a literary masterpiece that delves deep in to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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