ESSAY 1

The only way to live sensibly in this world is without rules.

How far do you agree?

We are often told that a life of freedom without rules is a desirable lifestyle. Pushing beyond the boundaries of our understanding and existence has helped mankind develop many fronts such as the sciences and the arts. In the words of John F Kennedy, "Conformity is the jailer of freedom and the enemy of growth." However, having complete freedom and a total lack of rules would cause some people to infringe on the freedoms of others. In a world with competing desires and large degrees of inequality, perhaps some rules are needed for us to function within various societies and even a global family of men. Seen in this light, living without rules is but an ideal concept, as in today's competitive world, people would still prioritise their own interests at the expense of others. Hence, it is not sensible to live without restrictions as rules are still needed to regulate people's behaviour and serve as the most efficient way for society to progress.

It would appear that living without rules is the only sensible way to live because it gives people the freedom and independence to create, explore and break new grounds. Many milestones in humanity's development come from various revolutions where the rules or status quo have been challenged. Living with no restrictions to one's own imagination and creativity is the key to continuous development and growth, especially in the scientific and technological sector. Galileo Galilei's ingenuity has played a central role in the transition from natural philosophy to modern science as well as the transformation of the scientific Renaissance into a scientific revolution. His championing of heliocentrism, which goes against the majority of scientific concepts that were subscribed to at that time, was the key breakthrough that propelled human knowledge of the world by transforming societal views of nature with the introduction of modern sciences. Similarly, in the artistic sector, many artists have pushed the rules of established norms in the many fields of the arts, from the Impressionists and the Dadaists, to dance with its modern dance companies, and even in the field of music with its counter-culture movements such as rock and roll, hip hop and electronic dance music. Even in the areas of politics, our current systems of democracy can be traced back to many historic revolutions such as the French revolution where feudal and unjust monarchic systems of government were overthrown and new leaders were elected by the majority to make sure that elected leaders were accountable to those they rule. Seen in this light, living without blindly subscribing to social norms and rules is the key to societal progress as well as breakthroughs in human developments. Without the fetters of rules, human ingenuity can be harnessed to propel us to greater heights. Rules can also be overthrown so that people can have more freedom to pursue happiness and justice.

In the context of our rapidly changing world, rules become outdated easily and given that humans are able to live by abiding to their own morals and ethics, it is more practical to live without rules. More often than not, rules are representative of our societal values. As our societal values change overtime, these rules should evolve as well. However, given the rapid rate at which the world is changing, coupled with the effects of globalisation, such recorded rules may not be able to evolve quickly due to the dynamic nature of values and morals. It can be seen that while some rules may have been justified in the past, they may now be immoral and discriminatory. Such laws include racial segregation in the United States

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Table of Contents General Paper A Level Model Essays

- 1. Understanding the eBook General Paper A Level Model Essays
 - The Rise of Digital Reading General Paper A Level Model Essays
 - Advantages of eBooks Over Traditional Books
- 2. Identifying General Paper A Level Model Essays
 - Exploring Different Genres
 - o Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an General Paper A Level Model Essays
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from General Paper A Level Model Essays
 - Personalized Recommendations
 - o General Paper A Level Model Essays User Reviews and Ratings
 - General Paper A Level Model Essays and Bestseller Lists

- 5. Accessing General Paper A Level Model Essays Free and Paid eBooks
 - o General Paper A Level Model Essays Public Domain eBooks
 - General Paper A Level Model Essays eBook Subscription Services
 - General Paper A Level Model Essays Budget-Friendly Options
- 6. Navigating General Paper A Level Model Essays eBook Formats
 - o ePub, PDF, MOBI, and More
 - General Paper A Level Model Essays Compatibility with Devices
 - General Paper A Level Model Essays Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of General Paper A Level Model Essays
 - Highlighting and Note-Taking General Paper A Level Model Essays
 - Interactive Elements General Paper A Level Model Essays
- 8. Staying Engaged with General Paper A Level Model Essays
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers General Paper A Level Model Essays
- 9. Balancing eBooks and Physical Books General Paper A Level Model Essays
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection General Paper A Level Model Essays
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine General Paper A Level Model Essays
 - Setting Reading Goals General Paper A Level Model Essays
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of General Paper A Level Model Essays
 - Fact-Checking eBook Content of General Paper A Level Model Essays
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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