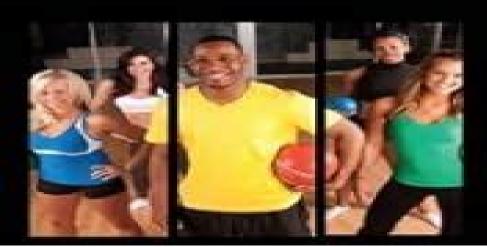




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THIRD EDITION

# **Fitness Manual Neta**

Jin-Ying Zhang

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