

Safe Manual Handling

INTRODUCTION

LEGISLATION

Most have a lot of control regarding the health and safety of their workers. It is their responsibility to ensure that their workers are safe and healthy. This means that they must ensure that their workers are safe and healthy. This means that they must ensure that their workers are safe and healthy.



TYPES OF INJURY

The spine is a series of bones with a soft, cushiony center. These are the vertebrae. They are held together by ligaments and discs. The discs are made of a soft, jelly-like material. They act as shock absorbers between the vertebrae.

The types of injury that occur are:

1. Strain, back muscle and tissue that move and that can be repaired.
2. Fracture, bone and tissue. Fractures can be repaired.

Anywhere in the musculo-skeletal system can be injured.



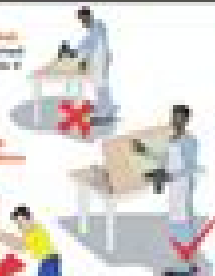
RISK ASSESSMENT

The purpose of a risk assessment is to:

1. Identify the tasks that are likely to be the most at risk of injury.
2. Identify the tasks that are likely to be the most at risk of injury.

The person carrying out the assessment should be:

1. A person who has experience of the task and knows the risks.
2. A person who has experience of the task and knows the risks.



LOAD

- Is it too heavy?
- Is it too bulky?
- Is it too awkward?
- Is it too awkward?
- Is it too awkward?
- Is it too awkward?
- Is it too awkward?
- Is it too awkward?

TRAIL

The route that should be taken at the beginning to the end. Some of the things that should be taken into account are:

- Is it too long?
- Is it too long?
- Is it too long?
- Is it too long?
- Is it too long?
- Is it too long?
- Is it too long?
- Is it too long?



INDIVIDUAL

- Age, sex, height, weight, etc.
- Health, fitness, etc.
- Experience, etc.
- Experience, etc.
- Experience, etc.
- Experience, etc.
- Experience, etc.
- Experience, etc.



ENVIRONMENT

- Is it too hot?
- Is it too hot?
- Is it too hot?
- Is it too hot?
- Is it too hot?
- Is it too hot?
- Is it too hot?
- Is it too hot?

EMPLOYERS & EMPLOYEES

EMPLOYING DUTIES

1. Ensure that the task is not too heavy for the worker.
2. Ensure that the task is not too heavy for the worker.
3. Ensure that the task is not too heavy for the worker.
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PREVENTING BACK PAIN

Do not do the following things that can cause back pain:

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4. Do not do the following things that can cause back pain.
5. Do not do the following things that can cause back pain.
6. Do not do the following things that can cause back pain.
7. Do not do the following things that can cause back pain.
8. Do not do the following things that can cause back pain.



HANDLING TECHNIQUES

THINK - PLANNING

- Where is the load?
- What is the load?
- What is the load?
- What is the load?
- What is the load?
- What is the load?
- What is the load?
- What is the load?

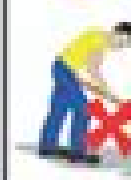


THINK - PLANNING

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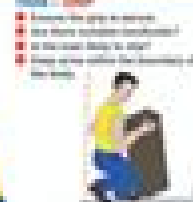
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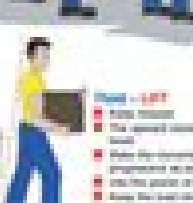
THINK - PLANNING

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THINK - PLANNING

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Manual Handling Of Patients To Safety Ppt

Hussin A.Rothana



Manual Handling Of Patients To Safety Ppt:

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