

Chapter 3

Pharmacokinetics and Pharmacodynamics

OBJECTIVES

1. Differentiate the three phases of drug action.
2. Describe the four processes of pharmacokinetics.
3. Identify the four receptor families.
4. Describe the influence of protein binding on drug bioavailability.
5. Check drugs for half-life, percentage of protein binding, therapeutic index, and side effects in a drug reference book.
6. Differentiate the four types of drug interactions.
7. Explain the three mechanisms involved with drug-drug interactions.
8. Describe the effects of drug-nutrient interactions.
9. Explain the meaning of drug-induced photosensitivity.
10. Describe the nursing implications of pharmacokinetics and pharmacodynamics.

Pharmacokinetics

- The process of drug movement throughout the body necessary to achieve drug action.
- What the body does to the drug
- Composed of four processes:
 1. Absorption
 2. Distribution
 3. Metabolism
 4. Excretion
- **Drug absorption**
 - The movement of the drug into the bloodstream after administration.
 - Approximately 80% of drugs are taken by mouth (enteral).
 - These are the only drugs to pass through the GI tract
 - For the body to use drugs taken by mouth, a drug in a solid form (e.g., tablet or capsule) must disintegrate into small particles and combine with a liquid to form a solution, a process known as *dissolution* (drugs in a liquid form are already in solution), to be absorbed from the GI tract into the bloodstream
 - Tablets are not 100% drug. Fillers and inert substances – such as simple syrup, vegetable gums, aromatic powder, honey, and various elixirs – called *excipients* are used in drug preparation to allow the drug to take on a particular size and shape and to enhance drug dissolution.
 - **Disintegration** - Breakdown of oral drug form into small particles
 - **Dissolution** - Combining small drug particles with liquid to form a solution
 - The rate of dissolution is the time it takes the drug to disintegrate and dissolve to become available for the body to absorb it.

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Table of Contents Elsevier Ed 3 Study Guide

1. Understanding the eBook Elsevier Ed 3 Study Guide
 - The Rise of Digital Reading Elsevier Ed 3 Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Elsevier Ed 3 Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Elsevier Ed 3 Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Elsevier Ed 3 Study Guide
 - Personalized Recommendations

- Elsevier Ed 3 Study Guide User Reviews and Ratings
- Elsevier Ed 3 Study Guide and Bestseller Lists
- 5. Accessing Elsevier Ed 3 Study Guide Free and Paid eBooks
 - Elsevier Ed 3 Study Guide Public Domain eBooks
 - Elsevier Ed 3 Study Guide eBook Subscription Services
 - Elsevier Ed 3 Study Guide Budget-Friendly Options
- 6. Navigating Elsevier Ed 3 Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Elsevier Ed 3 Study Guide Compatibility with Devices
 - Elsevier Ed 3 Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Elsevier Ed 3 Study Guide
 - Highlighting and Note-Taking Elsevier Ed 3 Study Guide
 - Interactive Elements Elsevier Ed 3 Study Guide
- 8. Staying Engaged with Elsevier Ed 3 Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Elsevier Ed 3 Study Guide
- 9. Balancing eBooks and Physical Books Elsevier Ed 3 Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Elsevier Ed 3 Study Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Elsevier Ed 3 Study Guide
 - Setting Reading Goals Elsevier Ed 3 Study Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Elsevier Ed 3 Study Guide
 - Fact-Checking eBook Content of Elsevier Ed 3 Study Guide

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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