

HESI Case Study: Hypertension

George's blood pressure reading is 189/110 mmHg. His LDL cholesterol reading is 200 mg/dL. He asks the student nurse if he should be concerned about his blood pressure.

How should the student nurse respond?

Please sit here quietly for a few minutes. I need to recheck your blood pressure.

George's blood pressure is high but may be temporarily elevated due to activity or stress. The blood pressure should be rechecked after the client rests for a few minutes.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Select all that apply.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Family history of diabetes.

Alcohol consumption.

Smoking.

Stress.

Caffeine intake.

Alcohol consumption.

Excessive alcohol intake is strongly associated with hypertension.

Smoking.

Tobacco use is a risk factor for hypertension.

Stress.

High levels of stress can lead to an increase in blood pressure.

According to the assessment of this client, which recommendation is most important for the student nurse to provide to George?

See his HCP as soon as possible within the next week for a BP recheck.

George's blood pressure is significantly elevated. Since these BP readings were obtained on the same day, George needs to see his HCP soon for a second BP measurement so that a diagnosis can be determined and treatment initiated.

Which is the best response the student nurse can give to the George about the urgent need to see his HCP?

While often there are no symptoms, high blood pressure does cause damage to many organs.

Hesi Case Study Answers

Linda Anne Silvestri, Angela Silvestri



Hesi Case Study Answers:

This book delves into Hesi Case Study Answers. Hesi Case Study Answers is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Hesi Case Study Answers, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Hesi Case Study Answers
- Chapter 2: Essential Elements of Hesi Case Study Answers
- Chapter 3: Hesi Case Study Answers in Everyday Life
- Chapter 4: Hesi Case Study Answers in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Hesi Case Study Answers. This chapter will explore what Hesi Case Study Answers is, why Hesi Case Study Answers is vital, and how to effectively learn about Hesi Case Study Answers.
3. In chapter 2, this book will delve into the foundational concepts of Hesi Case Study Answers. The second chapter will elucidate the essential principles that must be understood to grasp Hesi Case Study Answers in its entirety.
4. In chapter 3, this book will examine the practical applications of Hesi Case Study Answers in daily life. This chapter will showcase real-world examples of how Hesi Case Study Answers can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Hesi Case Study Answers in specific contexts. This chapter will explore how Hesi Case Study Answers is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Hesi Case Study Answers. The final chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Hesi Case Study Answers.

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