



Work-related musculoskeletal disorders

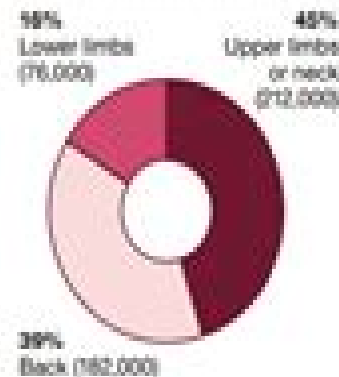
470,000

Workers suffering from work-related musculoskeletal disorders (new or long-standing) in 2020/21

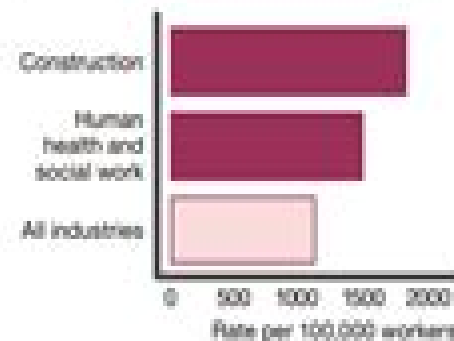
162,000

Workers suffering from a new case of work-related musculoskeletal disorder in 2020/21

Musculoskeletal disorders by affected area, 2020/21



Industries with higher than average rates of musculoskeletal disorders, averaged 2018/19–2020/21



Prior to the coronavirus pandemic, the rate of self-reported work-related musculoskeletal disorders showed a generally downward trend. In 2020/21 the rate was broadly similar to the 2018/19 pre-coronavirus levels.

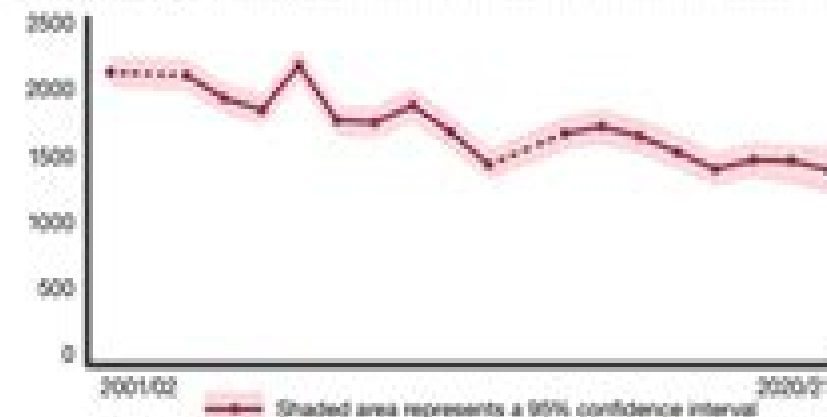
Manual handling, awkward or tiring positions and keyboard work or repetitive action were estimated to be the main causes of work-related musculoskeletal disorders prior to the pandemic, based on 2009/10–2011/12 LFS data.

In 2020/21 the effects of the coronavirus pandemic were also found to be a contributory factor to work-related musculoskeletal disorders.

Estimates of work-related musculoskeletal disorders based on self-reports from the Labour Force Survey (LFS)

To find out the story behind the key figures, visit <https://www.hse.gov.uk/statistics/causdis/index.htm>

Musculoskeletal disorders per 100,000 workers: new and long-standing



No ill-health data collected in 2002/03 or 2012/13 represented by a dashed line

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Safety Fables for Today Laura J Cahill,2022-04-12 Putting a modern spin on some childhood stories Safety Fables for Today introduces Zac and the Beanstalk cautioning against dropped objects and falls from height a Perilous Porridge Pot overflowing with oats and useful insights on preventing loss of containment a Super Sized Swede presenting big manual handling challenges and updated versions of many other familiar tales too In embarking upon this journey Laura J Cahill draws on the power of storytelling helped by a liberal sprinkling of fairy dust and the company of some fictional folk along the way providing fresh thought for those seeking to properly manage their activities and a gentle bedtime read for anyone else with a passing interest in the field of health and safety Needless to say there s more to these tales and their characters than first meets the eye not least because of the insights they offer to organisations seeking to control real world risks reinvigorate health and safety agendas and secure happy endings of their own Through understanding the messages conveyed by these fictional players and addressing these within their own workplace settings readers can play their part in ensuring that beyond simply living happily workers remain injury free enjoy good health and live safely ever after too

A Quick Guide to Health and Safety R Gilbert,2008-05-20 Health and safety issues now impose upon almost every part of business life The system of enforcement is managed and implemented in the UK by The Health and Safety Executive HSE but at times it can be difficult to know exactly which bits of this elaborate spider s web should be applied in a given instance and which are most important This Quick Guide puts the subject into context providing a rational overview and a valid starting point to applying health and safety in the workplace and offers a concise and readily accessible interpretation of what health and safety legislation means in practice Puts health and safety in to context Provides a rational overview and starting point to applying health and safety in the workplace Offers a concise interpretation of health and safety legislation in practice

Oxford Handbook of Occupational Health Steven Sadhra,Alan Bray,Steve Boorman,2022-05-09 Fully revised for this third edition the Oxford Handbook of Occupational Health is a concise practice based guide to the area Bringing together the latest legislation and guidance with current practice in the field this is an authoritative reference to assessing and managing health risks in the workplace Consisting of twelve sections covering the full breadth of practice this Handbook covers workplace hazards and diseases occupational health emergencies and practical procedures This third edition also contains new information on ethics work health and disability infection control respiratory disorders and fitness for work with updated diagrams figures and chemical structures to aid reader understanding Providing a thorough easy to use guide to the whole of occupational health this Handbook is the essential resource for all occupational physicians occupational health nurses and all those dealing with workplace health and fitness giving you the information you need at your fingertips

Handbook of Construction Safety, Health and Well-being in the Industry 4.0 Era Patrick Manu,Gao Shang,Paulo Jorge Silva Bartolo,Valerie Francis,Anil Sawhney,2023-05-12 This Handbook seeks to examine and advance current understanding of the

confluence of construction health safety and well being and the broad range of Industry 4.0 technologies in use in the architecture engineering and construction AEC industry Globally the construction sector accounts for more than 100 000 occupational fatalities annually In many countries reports of work related accidents injuries and illnesses are commonplace and there is an urgent need to improve the occupational safety and health OSH outlook of the construction sector The fourth industrial revolution presents opportunities to leverage modern technologies e.g. big data artificial intelligence automation sensors AR VR and robotics to improve the poor OSH performance of the construction industry However embracing such technologies could also induce unintended adverse consequences for the safety health and well being of construction workers Therefore the realisation of the opportunities as well as the mitigation of potentially adverse consequences requires research informed holistic insights around the union of Industry 4.0 and construction occupational safety and health management This cutting edge volume addresses a significant gap in literature by bringing together experienced academics and researchers to highlight the drivers opportunities and drawbacks of the merging of Industry 4.0 with construction health safety and well being After a detailed introductory section which highlights key issues and challenges section one covers the application of a broad range of digital technologies then section two discusses the application of industrial production and cyber physical systems in the context of construction safety and health management Readers from a broad range of AEC backgrounds as well as safety professionals and technologists will come to understand how the technologies are applied and the resulting OSH benefits as well as potential drawbacks

The Essential Guide for Newly Qualified Occupational Therapists Ruth Parker, Julia Badger, 2018-04-19 This is the occupational therapist's essential guide to transitioning smoothly to practice including models and advice for working in diverse contexts from adult social care to paediatric health care It is full of helpful tips for coping with the organisational and emotional challenges of the job and securing positive relationships for success

CTH - Food Hygiene, Health and Safety BPP Learning Media, 2009-07-01 BPP Learning Media is proud to be the official publisher for CTH Our CTH Study Guides provide the perfect tailor made learning resource for the CTH examinations and are also a useful source of reference and information for those planning a career in the hospitality and tourism industries

Health and Safety Law for the Construction Industry Simon Joyston-Bechal, Helen Grice, Chris Dering, 2004 This work eliminates some of the complexity as well as some of the mystery of current health and safety legislation to encourage better understanding within the construction community

Where Next for Health and Safety? David England, Andy Painting, 2024-07-31 Where Next for Health and Safety evaluates the levels and types of competences required for the development and implementation of health and safety and is designed to encourage progressive ideas on the subject

The Handbook of Health and Safety Practice Jeremy W. Stranks, 2005 The seventh edition has been fully updated in line with current legislation and recent thinking in the field It incorporates both legal and practical concerns and is allied closely to the syllabi of NEBOSH IOSH and the CIEH examinations

Introduction to Health and Safety at

Work Phil Hughes, Ed Ferrett, 2009 Introduction to Health and Safety at Work has been developed for the NEBOSH National General Certificate in Occupational Safety and Health. Each element of the syllabus has a dedicated chapter and both taught units are covered in this book. A chapter on international aspects also makes this book suitable for the NEBOSH International General Certificate in Occupational Safety and Health. Previous editions of this book have been used for other NVQ level 3 and 4 courses in health and safety. Full colour pages and hundreds of illustrations bring health and safety to life. To make studying easier, each chapter starts with learning outcome summaries and ends with questions taken from recent NEBOSH examinations. Specimen answers and a study skills chapter aid exam preparation. As an introduction to all areas of occupational safety and health, the book acts as a practical reference for managers and directors with health and safety responsibilities and safety representatives. It covers the essential elements of health and safety management, the legal framework, risk assessment and control standards, and includes handy forms and checklists. New in this edition: Updated throughout in line with changes in the regulations; Learning outcomes now included at the beginning of each chapter; Companion website with downloadable health and safety forms; Endorsed by NEBOSH; Student friendly presentation in full colour packed with illustrations and photographs; Revision questions and sample answers taken from recent NEBOSH examinations to test your knowledge; Includes a summary of the main legal requirements ideal for both students and managers. A free companion website is also available at www.elsevierdirect.com/companions/9781856176682 and features Editable health and safety forms; Selected appendices sections in electronic format.

Phil Hughes MBE MSc CFIOSH is a former Chairman of NEBOSH 1995-2001, former President of IOSH 1990-1991 and runs his own consultancy. He received an MBE for services to health safety and as a director of RoSPA in the New Years Honours List 2005. Ed Ferrett PhD BSc Hons Eng CEng MIMechE MIET CMIOSH is a former Vice Chairman of NEBOSH 1999-2008 and a lecturer on NEBOSH courses at Cornwall Business School of Cornwall College. He is a Chartered Engineer and a health and safety consultant.

Introduction to Health and Safety at Work, **Managing Health and Safety at Work** Institute of Leadership & Management, 2013-06-17. Super series are a set of workbooks to accompany the flexible learning programme specifically designed and developed by the Institute of Leadership Management (ILM) to support their Level 3 Certificate in First Line Management. The learning content is also closely aligned to the Level 3 NVQ in Management. The series consists of 35 workbooks. Each book will map on to a course unit. 35 books units.

Foundations of Nursing Practice Richard Hogston, Barbara Marjoram, 2011-04-01. This is the key text for introductory level nursing covering all the core areas. Practical and great value, it is comprehensive and also contains new chapters on cutting edge topics. Alongside an all new companion website, this is an outstanding edition for CFP study from a tried and trusted team.

First Responder Care Essentials Kris Lethbridge, Richard Pilbery, 2024-10-22. The second edition of First Responder Care Essentials brings together everything you will need to know for your role as a Community First Responder. Taking you step by step through the essential

skills needed for patient care it is the ideal companion whether you re working towards a Level 3 First Responder Qualification or already qualified and in need of a reference guide It encompasses a wide range of topics from communication and manual handling to trauma care and cardiac arrest management This updated edition also includes additional procedures with accompanying step by step images Key features include Full colour photographs demonstrating clinical skills and equipment usage Anatomical diagrams for better understanding Extended skills flags indicating appropriate practice levels Fully updated in line with latest legislation guidance and policy

Occupational Health Nursing Katie Oakley,2008-04-15 Occupational Health is the promotion and maintenance of the highest degree of physical mental and social well being of workers in all occupations by preventing departures from health controlling risks and the adaptation of work to people and people to their jobs Occupational Health Nursing has now become a major reference text on occupational health nursing courses It is the only book on the market written entirely by occupational health nurses for nurses This 3rd edition brings the book up to date with new legislation guidance and developments This book can be used for quick reference purposes or as a resource for more detailed research and projects Each chapter stands alone and authors have been chosen for their particular expertise in the topic

International Health and Safety at Work Phil Hughes,Ed Ferrett,Phil Hughes MBE,2021-11-29 International Health and Safety at Work has been specially written in simple English for the thousands of students who complete the NEBOSH International General Certificate in Health and Safety each year Fully revised in alignment with the 2019 syllabus this fourth edition provides students with all they need to tackle the course with confidence Clear easily accessible information is presented in full colour with discussion of essential principles such as ILO and OSH conventions as well as legal frameworks from a range of countries The book features practice questions and answers to test knowledge and increase understanding International Health and Safety at Work remains the most effective tool for those working to fit international health and safety standards to local needs and practice

Handbook of Food Factory Design Christopher G. J. Baker,2013-08-27 Food manufacturing has evolved over the centuries from kitchen industries to modern sophisticated production operations A typical food factory includes the food processing and packaging lines the buildings and exterior landscaping and the utility supply and waste treatment facilities As a single individual is unlikely to possess all the necessary skills required to facilitate the design the task will undoubtedly be undertaken by an interdisciplinary team employing a holistic approach based on a knowledge of the natural and biological sciences most engineering disciplines and relevant legislation In addition every successful project requires a competent project manager to ensure that all tasks are completed on time and within budget This Handbook attempts to compress comprehensive up to date coverage of these areas into a single volume It is hoped that it will prove to be of value across the food manufacturing community The multi disciplinary nature of the subject matter should facilitate more informed communication between individual specialists on the team It should also provide useful background information on food factory design for a wider range of professionals with a

more peripheral interest in the subject for example process plant suppliers contractors HSE specialists retailers consultants and financial institutions Finally it is hoped that it will also prove to be a valuable reference for students and instructors in the areas of food technology chemical engineering and mechanical engineering in particular

Occupational Therapy and Vocational Rehabilitation Joanne Ross,2008-02-19 This book introduces the occupational therapist to the practice of vocational rehabilitation As rehabilitation specialists Occupational Therapists work in a range of diverse settings with clients who have a variety of physical emotional and psychological conditions Research has proven that there are many positive benefits from working to health and well being This book highlights the contribution which can be made by occupational therapists in assisting disabled ill or injured workers to access remain in and return to work

Introduction to Health and Safety at Work Phil Hughes MBE,Phil Hughes,Ed Ferrett,2015-08-27 Introduction to Health and Safety at Work covers the fundamentals of occupational safety and health for the thousands of students who complete the NEBOSH National General Certificate in Occupational Health and Safety each year Fully revised in alignment with the April 2015 syllabus this sixth edition provides students with all they need to tackle the course with confidence The highly illustrated content covers all of the essential elements of health and safety management the legal framework risk assessment and control standards and also includes checklists report forms and record sheets to supplement learning Aligned to the NEBOSH National General Certificate in Occupational Health and Safety Practice questions and answers to test knowledge and increase understanding Complete with a companion website containing extra resources for tutors and students at www.routledge.com/cw/hughes

Written by renowned authors the Introduction to Health and Safety at Work is also a handy reference for managers and directors dealing with the day to day issues of health and safety and is of great value to those studying for level 3 N SVQ and the NEBOSH National Diploma

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