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## Men'swear

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## Men - General

The fit of your clothes depends on the cut, fabric and styling of the garment.  
 Follow our top tips for measuring. See also the detailed guide to the size often clothes so you know which size you should buy.

### Size Charts

#### Casual Tops, Shirts & Coats

display size in ☐ cm ☐ inches

|             | Small    | Medium | Large   | X Large | XX Large |
|-------------|----------|--------|---------|---------|----------|
| Neck (cm )  | 30-38    | 39-41  | 42-43   | 44-46   | 47-48    |
| Chest (cm ) | Up to 94 | 97-102 | 104-109 | 112-117 | 119-125  |

#### Formal Shirts

display size in ☐ cm ☐ inches

|             |    |    |       |     |     |     |     |     |     |     |
|-------------|----|----|-------|-----|-----|-----|-----|-----|-----|-----|
| Neck (cm )  | 37 | 38 | 39-40 | 41  | 42  | 43  | 44  | 46  | 47  | 48  |
| Chest (cm ) | 91 | 97 | 102   | 107 | 112 | 117 | 122 | 127 | 132 | 137 |

#### Formal Trouser Lengths

display size in ☐ cm ☐ inches

|                    |    |    |    |    |    |     |     |     |     |
|--------------------|----|----|----|----|----|-----|-----|-----|-----|
| Waist/Length (cm ) | 86 | 91 | 96 | 91 | 97 | 102 | 107 | 112 | 117 |
| 74 (cm )           | 74 | 74 | 74 | 74 | 74 | 74  | 74  | 74  | 74  |
| 76 (cm )           | 76 | 76 | 76 | 76 | 76 | 76  | 76  | 76  | 76  |
| 78 (cm )           | 78 | 78 | 78 | 78 | 78 | 78  | 78  | 78  | 78  |
| 80 (cm )           | 80 | 80 | 80 | 80 | 80 | 80  | 80  | 80  | 80  |
| 82 (cm )           | 82 | 82 | 82 | 82 | 82 | 82  | 82  | 82  | 82  |
| 84 (cm )           | 84 | 84 | 84 | 84 | 84 | 84  | 84  | 84  | 84  |
| 86 (cm )           | 86 | 86 | 86 | 86 | 86 | 86  | 86  | 86  | 86  |

#### Casual Trouser Lengths

display size in ☐ cm ☐ inches

|             | Small    | Medium    | Large | X Large    | XX Large | XXX Large |
|-------------|----------|-----------|-------|------------|----------|-----------|
| Waist (cm ) | up to 76 | 82.5-87.5 | 90-94 | 96.5-101.5 | 104-109  | 112-117   |
| Leg (cm )   | 74       | 74        | 74    | 74         | 74       | 74        |
|             | 79       | 79        | 79    | 79         | 79       | 79        |
|             | 84       | 84        | 84    | 84         | 84       | 84        |

### Top tips for measuring

Find your clothing size:

Take your actual body measurements as they are more accurate than measuring over your clothes.

(a) Collar:

Measure across the base of the neck where the collar sits.

(b) Chest:

Measure the chest at the fullest part, placing the tape close up under the arms.

(c) Waist:

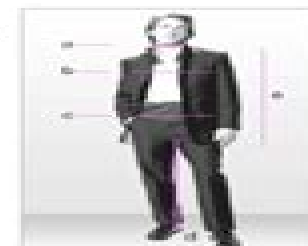
Measure the natural waistline.

(d) Inside Leg:

Measure from the crotch to where your trousers end, usually about 91cm on the knee.

(e) Jacket Length:

Measure from the outer back shoulder to your hemline. This length measurement is usually depending on the style of garment.



# Marks And Spencers Size Guide

**CL Gary**



## **Marks And Spencers Size Guide:**

## **Marks And Spencers Size Guide** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Marks And Spencers Size Guide**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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