

# Head To Toe Assessment



05 Different color

## Head To Toe Assessment

Name: \_\_\_\_\_ Admit Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Room: \_\_\_\_\_  
Assessment Conducted By: \_\_\_\_\_

### LEVEL OF CONSCIOUSNESS

- ☐ Alert, awake and responsive.
- ☐ Somnolent/sleepy.
- ☐ Lethargic: very drowsy, falls asleep in-between care.
- ☐ Confused: note that confusion can occur anywhere along this spectrum and is not always present prior to the patient becoming comatose, lethargic, etc.
- ☐ Stunned/difficult to arouse.

### ORIENTATION

- ☐ Do you know where you are?
  - ☐ Do you know what month it is?
  - ☐ Who is the current U.S. president?
  - ☐ What are you doing here?
- A&O x4 = Oriented to Person, Place, Time and Situation.

### RESPONSIVENESS

- ☐ Calm
- ☐ Cooperative
- ☐ Anxious

### UPPER EXTREMITIES

- ☐ Shoulder Thrug: Strong / Weak / Unable
- ☐ Grip strength: \_\_\_\_\_
- ☐ Range of motion: \_\_\_\_\_
- ☐ Capillary refill: \_\_\_\_\_
- ☐ Radial pulse: \_\_\_\_\_

### HAIR

- ☐ Evenly distributed
- ☐ Unevenly distributed
- ☐ Neatly Groomed
- ☐ Dirty
- ☐ Clean
- ☐ Thick/ Full volume
- ☐ Sparse / hair loss
- ☐ Others: \_\_\_\_\_

### HAIR

- ☐ No ☐ Yes
- ☐ Location: \_\_\_\_\_
- ☐ Intensity: \_\_\_\_\_ /10
- ☐ Quality: \_\_\_\_\_
- ☐ Aggravating Factors: \_\_\_\_\_
- ☐ Alleviating Factors: \_\_\_\_\_
- ☐ Duration/frequency: \_\_\_\_\_

### LEG

- ☐ Skin (even, flat, dry)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urine
- ☐ Palpate

## Head To Toe Assessment

### LUNGS

- ☐ Unilateral
- ☐ Regular
- ☐ Rales
- ☐ Rhonchi
- ☐ Wheezing
- ☐ Coarse
- ☐ Crackles
- ☐ Shortness of breath
- ☐ At rest ☐ With exertion

### HEART

- ☐ IRR
- ☐ Edema
- ☐ JVD
- ☐ Abnormal ECG
- ☐ Pulse Assessment
- ☐ Chest Pain
- ☐ Abnormal Heart Sounds

### HEAD AND FACE

- ☐ Inspect for size, shape, and contour
- ☐ Inspect for color
- ☐ Skull is generally round with no anterior or posterior prominences.
- ☐ Facial features are less pronounced facial features.
- ☐ Facial features which may alter facial features: Bell's palsy, Down syndrome, Marfan's disease, Myxedema, Cushing's disease, Cushing's syndrome

### GENERAL AND HEALTH

- ☐ History
- ☐ Presenting complaint
- ☐ Chief complaint
- ☐ Sensation = Mood
- ☐ Appetite/Weight
- ☐ Hydration/Dehydration Level
- ☐ Level of consciousness

### LOWER EXTREMITIES

- ☐ Inspect
- ☐ Inspect plantar and inner ear

### NOSE

- ☐ Assess Patency
- ☐ Ensure Sense of Smell
- ☐ Inspect septum + turbinates

### MOUTH

- ☐ Inspect lips / Mucosa
- ☐ Assess Teeth + Gums
- ☐ Check Hard + Soft Palate

### THROAT

- ☐ Inspect uvula
- ☐ Test CN XI move tongue side to side
- ☐ Test CN XI "say ahah"

### EYES

- ☐ PERRLA - pupils, equal, round, reactive
- ☐ Check for tracking
- ☐ Pupillary response with pain

### NECK

- ☐ Ask about any pain / tenderness
- ☐ Palpate throat
- ☐ ROM - "no" "yes" motion

### ABDOMEN

- ☐ Observe (even, flat distended)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urinary
- ☐ Complaints, Nausea, Vomiting

### VITAL SIGNS

- ☐ Temperature: \_\_\_\_\_
- ☐ Pulse: \_\_\_\_\_
- ☐ Respirations: \_\_\_\_\_
- ☐ Blood Pressure: \_\_\_\_\_



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# Head To Toe Documentation Nursing

**Kathryn J. Hannah, Pamela  
Hussey, Margaret A. Kennedy, Marion J.  
Ball**

## **Head To Toe Documentation Nursing:**

**Textbook of Basic Nursing** Caroline Bunker Rosdahl, Mary T. Kowalski, 2008 Now in its Ninth Edition this comprehensive all in one textbook covers the basic LPN LVN curriculum and all content areas of the NCLEX PN Coverage includes anatomy and physiology nursing process growth and development nursing skills and pharmacology as well as medical surgical maternal neonatal pediatric and psychiatric mental health nursing The book is written in a student friendly style and has an attractive full color design with numerous illustrations tables and boxes Bound in multimedia CD ROMs include audio pronunciations clinical simulations videos animations and a simulated NCLEX PN exam This edition s comprehensive ancillary package includes curriculum materials PowerPoint slides lesson plans and a test generator of NCLEX PN style questions

**The Essentials of Clinical Documentation** Maxine Jeffery, 2020-11-03 This clinical manual is an ideal and standardized platform for preparing nursing students with the essential tools for documenting their nursing process It teaches nursing students how to gather important data about each client in the clinical setting Using this manual the student nurse will be able to perform high quality documentation that is accurate and consistent in the client profile and laboratory and diagnostics and their correlation and significance to the client s diagnosis or diagnoses This manual also covers the medication administration record nursing interventions and rationales and intake and output forms The Situation Background Assessment Recommendation SBAR form and the use of a concept map complete the list of resources provided Using this standardized documentation the student will be able to Identify the primary patient data past and present diagnosis and treatment plan Analyze patient data correlating and drawing conclusions relevant to patient outcome Document finding in a systematic manner Interpret diagnostic findings as relate to patient diagnosis This manual is intended for use in medical surgical and critical care clinical nursing courses

**Tabbner's Nursing Care** Gabby Koutoukidis, Rita Funnell, Karen Lawrence, Jodie Hughson, Kate Stainton, 2009 Tabbner s Nursing Care Theory and Practice is the only Australian and New Zealand textbook written specifically for the enrolled nurse student The new 5th edition of this best selling text has been fully revised and updated throughout to reflect the content of the new National Curriculum Unit 1 The evolution of nursing Unit 2 The health care environment Unit 3 Cultural diversity and nursing practice Unit 4 Promoting psychosocial health in nursing practice Unit 5 Nursing individuals throughout the lifespan Unit 6 The nursing process Unit 7 Assessing health Unit 8 Important component of nursing care Unit 9 Health promotion and nursing care of the individual Appendices Provided by publisher

**The Nursing Student's Guide to Clinical Success** Lorene Payne, 2010-10-25 The Nursing Student s Guide to Clinical Success is the perfect resource for undergraduate nursing students entering the clinical side of their education This text helps students better understand their role as a health care provider by preparing them for what they will encounter on the clinical floor in hospital or other health care setting The first text of its kind this shows students how to get the most out of a clinical experience

**Health Assessment in Nursing** Janet Weber, Jane

Kelley, 2009-10-01 Now in its Fourth Edition Health Assessment in Nursing is a colorful user friendly introductory level health assessment text for RN level students Targeted to ADN and BSN programs this text presumes no prior knowledge of health assessment and is part of a suite that includes Lab Manual to Accompany Health Assessment in Nursing Nurses Handbook of Health Assessment and Weber Kelley's Interactive Nursing Assessment For this edition the COLDSPA mnemonic which guides students through investigation of symptoms has been revised to show specific applications to content in each chapter A sample application of COLDSPA is presented at the beginning of each chapter's Nursing History section and another accompanies each case study The Frail Elderly chapter has been streamlined with a stronger focus on the normal variations associated with assessment of elderly clients Includes DVD ROM

**Foundations and Adult Health Nursing - E-Book**

Kim Cooper, Kelly Gosnell, 2014-10-01 An all inclusive guide to fundamentals and medical surgical nursing for the LPN LVN Foundations and Adult Health Nursing 7th Edition covers the skills you need for clinical practice from anatomy and physiology to nursing interventions and maternity neonatal pediatric geriatric mental health and community health care Guidelines for patient care are presented within the framework of the five step nursing process Nursing Care Plans are described within a case study format to help you develop skills in clinical decision making Written by Kim Cooper and Kelly Gosnell this text includes all of the content from their Foundations of Nursing and Adult Health Nursing books including review questions to help you prepare for the NCLEX PN examination Full color step by step instructions for over 100 skills show nursing techniques and procedures along with rationales for each The 5 step Nursing Process connects specific disorders to patient care with a summary at the end of each chapter Nursing Care Plans emphasize patient goals and outcomes within a case study format and promotes clinical decision making with critical thinking questions at the end of each care plan Clear coverage of essential A P is provided by an Introduction to Anatomy and Physiology chapter along with an overview of A P in all body systems chapters Student friendly features enhance the learning of nursing skills with summary boxes for Patient Teaching Health Promotion Considerations Complementary and Alternative Therapy Cultural Considerations Older Adult Considerations Home Care Considerations Safety Alert and Prioritization Assignment and Supervision UNIQUE Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration A focus on preparing for the NCLEX examination includes review questions and Get Ready for the NCLEX Examination sections with key points organized by NCLEX Client Needs Categories Evidence Based Practice boxes provide synopses of nursing research articles and other scientific articles applicable to nursing along with nursing implications for the LPN LVN Nursing Diagnosis boxes summarize nursing diagnoses for specific disorders along with the appropriate nursing interventions UNIQUE Delegation Considerations boxes provide parameters for delegation to nurse assistants patient care technicians and unlicensed assistive personnel Medication Therapy tables provide quick access to actions dosages precautions and nursing considerations for commonly used drugs

NEW Reorganized chapters make it easier to follow and understand the material NEW Icons in page margins indicate videos audios and animations on the Evolve companion website that may be accessed for enhanced learning UPDATED illustrations include photographs of common nursing skills      **Documenting Care** Frances Talaska Fischbach,1991 University of Wisconsin Milwaukee School of Nursing s comprehensive charting and documentation manual for students and practitioners

*Fundamentals: Perspectives on the Art and Science of Canadian Nursing* david Gregory,Tracey Stephens,Christy Raymond-Seniuk,Linda Patrick,2019-01-03 Publisher s Note Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality authenticity or access to any online entitlements included with the product Master the unique multi faceted role of the Canadian nurse Confidently embark on a lifelong learning journey and prepare for the daily realities of Canadian nursing practice this with comprehensive Canadian focused text Developed specifically for your needs by talented Canadian students practicing nurses scholars and educators *Fundamentals Perspectives on the Art and Science of Canadian Nursing* 2nd Edition delivers an integrated understanding of nursing fundamentals through a continuum that guides you from one chapter to the next and from learning to understanding New Inter Professional Practice helps you achieve positive patient outcomes through effective collaboration with the healthcare team New Diversity Considerations alert you to important patient care considerations related to culture sexuality gender economics visible minorities and religious beliefs New NCLEX style questions at the end of each chapter test your retention and ready you for success on your exams Revised Skills chapters familiarize you with a wide variety of advanced skills to broaden your clinical capabilities Enhanced focus on LGBTQ related considerations demographic shifts in Canadian society end of life palliative care substance abuse crises and refugee communities helps you ensure confident care across diverse Canadian populations Case Studies place chapter content in a realistic context for the most practical understanding Think Boxes encourage critical thinking and challenge you to apply your knowledge to different situations Through the Eyes features familiarize you with patients perspectives to help you provide thoughtful and effective care interventions Research equips you with the latest and most relevant Canadian healthcare findings based on clinical evidence Critical Thinking Case Scenarios strengthen your clinical focus and critical thinking through real life situations      Foundations of Nursing - E-Book Kim Cooper,Kelly Gosnell,2022-02-09 NEW Next Generation NCLEX case studies and new format questions help you prepare for success on the NCLEX PN examination NEW Discussion of the NCSBN Clinical Judgment Measurement Model helps you develop the skills needed to plan effective nursing interventions NEW Updated Asepsis and Infection Control chapter prepares you for today s healthcare environment NEW Updated photos and illustrations show nursing techniques procedures and patient care      Caring for the Older Adult Patricia O'Neill,2002-01-01 CARING FOR THE OLDER ADULT A HEALTH PROMOTION PERSPECTIVE is a concise straightforward LPN LVN textbook covering the essentials of gerontologic nursing from a strong health promotion perspective The nature of normal aging as well as disorders common to the elderly are discussed This resource also

addresses concepts and issues related to promoting both physical and psychological health in an aging population The engaging easy to read informal writing style draws the reader into the subject while conveying important information

**Lippincott's Nursing Procedures** ,2009 The newly revised fifth edition of this popular reference is a start to finish guide for more than 400 basic to advanced nursing procedures It provides step by step instructions for each procedure and explains how to use and troubleshoot equipment Nursing Documentation Patricia W. Iyer,Nancy Hand Camp,1995 Clearly and concisely provides guidelines for appropriate and careful documentation of care Accurate documentation shows managed care companies that patients receive adequate care and that health care providers are controlling costs and resources In addition it plays a large role in how third party payors make payment or denial decisions This new edition includes the latest changes and trends in nursing documentation as related to the newly restructured healthcare environment Special attention focuses on the latest documentation issues specific to specialty settings such as acute care home care and long term care and a variety of clinical specialties such as obstetrics pediatrics and critical care Amazon com

**Nursing Outcomes Classification (NOC) - E-Book** Sue Moorhead,Elizabeth Swanson,Marion Johnson,Meridean L. Maas,2018-01-12 Promoting safe and effective nursing care Nursing Outcomes Classification NOC 6th Edition standardizes the terminology and criteria needed to measure and evaluate outcomes that result from nursing interventions Over 540 research based nursing outcome labels including50 that are NEW to this edition help to standardize expected patient outcomes Specific indicators make it easier to evaluate and rate the patient in relation to outcome achievement Written by an expert author team led by Sue Moorhead this book is ideal for practicing nurses students educators researchers and administrators seeking to improve cost containment and patient outcomes 540 research based nursing outcome labels promote standardization of expected patient outcomes Definitions lists of indicators publication facts lines and references provide all of the information you need to understand outcomes NEW Approximately 50 new outcome labels allow you to better define patient outcomes that are responsive to nursing care **Document Smart** Theresa Capriotti,2019-06-26

Feeling unsure about documenting patient care Learn to document with skill and ease with the freshly updated Document Smart 4th Edition This unique easy to use resource is a must have for every student and new nurse offering more than 300 alpha organized topics that demonstrate the latest nursing medical and government best practices for documenting a wide variety of patient conditions and scenarios Whether you are assessing data creating effective patient goals choosing optimal interventions or evaluating treatment this is your road map to documentation confidence and clarity Fundamentals Nursing - I Mr. Rohit Manglik,2023-10-23 Introduces basic nursing concepts ethics patient care techniques and clinical skills necessary for safe and effective patient care in various healthcare settings *Medical-Surgical Nursing* Susan C. deWit,Candice K. Kumagai,2013-05-28 Take your understanding to a whole new level with Pageburst digital books on VitalSource Easy to use interactive features let you make highlights share notes run instant topic searches and so much more

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chapter include alternate item format questions and help prepare you for class tests and the NCLEX exam Critical Thinking Activities at the end of chapters include clinical situations and relevant questions allowing you to hone your critical thinking skills UNIQUE Best Practices are highlighted to show the latest evidence based research related to interventions Online resources listed at the end of each chapter promote comprehensive patient care based on current national standards and evidence based practices UNIQUE Icons in page margins point to related animations video clips additional content and related resources on the Evolve site

**Nursing Health Assessment** Sharon Jensen,Ryan Smock,2022-07-28 Equip students with the necessary clinical judgment for effective nursing health assessment with Nursing Health Assessment A Clinical Judgment Approach 4th Edition This extensively revised and updated text combines fundamental knowledge and a progressive student friendly presentation with an emphasis on critical thinking and clinical decision making to help students excel on the Next Generation NCLEX and confidently transition to nursing practice

*Clinical Nursing Skills and Techniques - E-Book* Anne G. Perry,Patricia A. Potter,Wendy R. Ostendorf,Nancy Laplante,2024-01-16 Learn the clinical nursing skills you will use every day and prepare for success on the Next Generation NCLEX Examination Clinical Nursing Skills Techniques 11th Edition provides clear step by step guidelines to more than 200 basic intermediate and advanced skills With more than 1 200 full color illustrations a nursing process framework and a focus on evidence based practice this manual helps you learn to think critically ask the right questions at the right time and make timely decisions Written by a respected team of experts this trusted text is the bestselling nursing skills book on the market Comprehensive coverage includes more than 200 basic intermediate and advanced nursing skills and procedures Rationales for each step within skills explain the why as well as the how of each skill and include citations from the current literature Clinical Judgments alert you to key steps that affect patient outcomes and help you modify care as needed to meet individual patient needs UNIQUE Unexpected Outcomes and Related Interventions sections highlight what might go wrong and how to appropriately intervene Clinical Review Questions at the end of each chapter provides case based review questions that focus on issues such as managing conflict care prioritization patient safety and decision making More than 1 200 full color photos and drawings help you visualize concepts and procedures Nursing process format provides a consistent presentation that helps you apply the process while learning each skill NEW All new Clinical Judgment in Nursing Practice chapter incorporates concepts of the NCSBN clinical judgment model Updated evidence based literature is incorporated throughout the skills NEW End of chapter questions and end of unit unfolding case studies provide optimal preparation for the Next Generation NCLEX NGN

**Introduction to Nursing Informatics** Kathryn J. Hannah,Pamela Hussey,Margaret A. Kennedy,Marion J. Ball,2014-11-13 This 4th edition of Introduction to Nursing Informatics is designed for use by practicing nurses and students in undergraduate programs of study It presents the fundamental concepts of Nursing Informatics and includes a number of contributions from leading experts who have practiced in the field of informatics over a number of years The information is



presented and integrated in a purposeful manner to encourage you to explore key concepts starting with the fundamental concepts and then progressing on to core concepts and practice applications in the later sections Briefly the word CARE is presented as an acronym for Connected Health Administration Research and Education and the book is organised in sections with these sub themes Critically the content is linked with case based examples to contextualize the theory presented

**Fundamental Concepts and Skills for Nursing - E-Book** Patricia A. Williams, 2021-02-03 NEW Coverage of the NCSBN Clinical Judgment Measurement Model introduces students to the testing model used on the Next Generation NCLEX Exam NEW case studies and Next Generation NCLEX Exam style questions give students practice and prepare them for the Next Generation NCLEX Examination NEW photos and illustrations show critical skills and procedures NEW Updated guidelines include those from the American Heart Association The Joint Commission National Pressure Ulcer Advisory Panel Dietary Guidelines and more NEW Expanded Evidence Based Practice boxes and best practices are highlighted throughout the book

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