

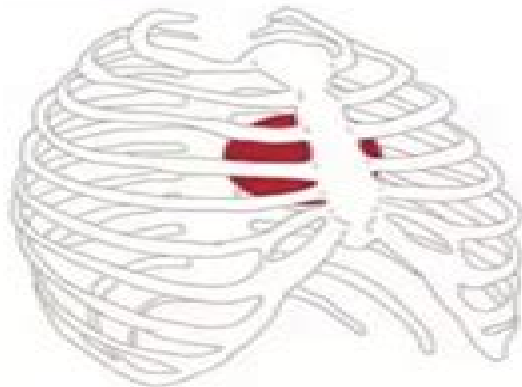
# The Fairbairn-Sykes fighting knife

## Hitting home



### Cutting

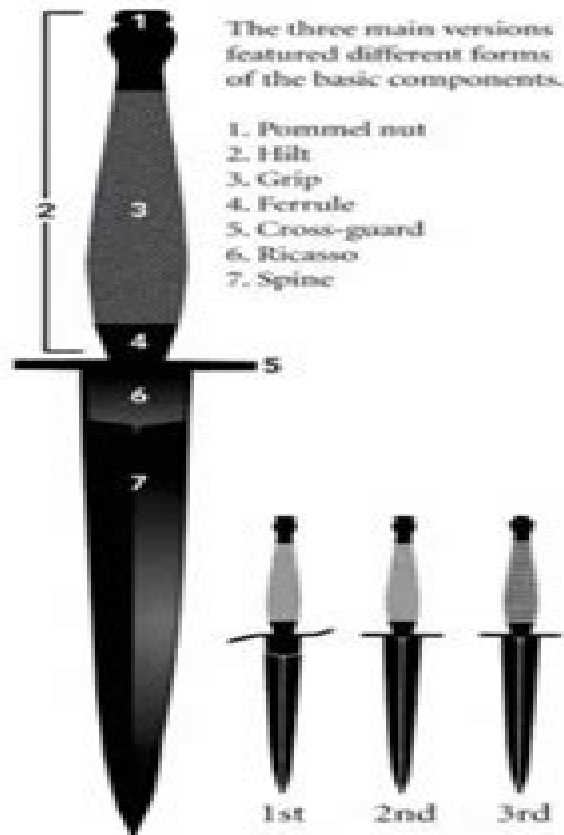
Fairbairn had learned that any wound with rough edges (from a dull blade) would heal more quickly than a clean cut. So he specified a double-edged, razor-sharp surface.



### Stabbing

He also required the blade to be slim enough to slip through the rib cage into the heart. Soldiers often filed the very tip to a blunt point so the knife would not get stuck in bone.

## Vital parts



## Grip



### Balance

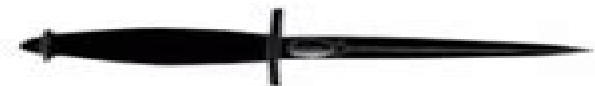
Like a fencing foil, the knife was well-balanced, and the handle shaped for precision rather than slashing power.



### Force

To penetrate between the ribs, the knife was held with the blade facing up and the thumb pressed against the cross-guard.

## Case V-42 Stiletto



Another knife, designed by Lt. Col. Robert T. Frederick, had an indent on the ricasso to give the thumb a better purchase.

## Captain Fairbairn's Timetable of Death

Capt. Fairbairn taught his pupils how to inflict the maximum damage, ideally in total silence.

Location	Time from Stabbing to Death
Carotid artery	12 sec.
Subclavian artery	3.5 sec.
Heart	3 sec.
Brachial artery	1.5 min.
Stomach	Depends on depth
Radial artery	2 min.



## Desperate measures

German sentries started slinging their rifles over their right shoulders to make it harder for an attacker to hit the carotid artery or the heart.



# Fairbairn Knife Fighting Manual

**Rachel Sandford**



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