

# QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PST.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

## ANTIDEPRESSANTS

NAMES		Usual Daily Dosage Range	Sedation	AChE <sup>1</sup>	NE	Selective Action On Neurotransmitters <sup>2</sup>	
Generic	Brand					5-HT	DA
imipramine	Tofranil	150-300 mg	mid	mid	++	+++	0
desipramine	Norpramin	150-300 mg	low	low	+++++	0	0
amitriptyline	Elavil	150-300 mg	high	high	++	+++++	0
nortriptyline	Aventyl, Pamelor	75-125 mg	mid	mid	+++	++	0
protriptyline	Vivactil	15-40 mg	mid	mid	+++++	+	0
trimipramine	Surmontil <sup>3</sup>	100-300 mg	high	mid	++	++	0
doxepin	Sinequan, Adapin <sup>3</sup>	150-300 mg	high	mid	++	+++	0
clomipramine	Anafranil	150-250 mg	high	high	0	+++++	0
maprotiline	Ludomil	150-225 mg	high	mid	+++++	0	0
amoxapine	Asendis	150-400 mg	mid	low	+++	++	0
trazodone	Desynel	150-400 mg	mid	none	0	+++++	0
nefazodone	Generic Only	100-300 mg	mid	none	0	+++	0
fluoxetine	Prozac <sup>4</sup> , Sarafem	20-80 mg	low	none	0	+++++	0
bupropion-X.L.	Wellbutrin-X.L. <sup>4</sup>	150-400 mg	low	none	++	0	++
sertraline	Zoloft	50-200 mg	low	none	0	+++++	+
paroxetine	Paxil	20-50 mg	low	low	+	+++++	0
venlafaxine-X.R.	Effexor-X.R. <sup>4</sup>	75-350 mg	low	none	++	+++	+
desvenlafaxine	Pristiq	50-400 mg	low	none	++	+++	+
fluvoxamine	Luvax	50-300 mg	low	low	0	+++++	0
mirazapine	Remeron	15-45 mg	mid	mid	+++	+++	0
citalopram	Celexa	10-60 mg	low	none	0	+++++	0
escitalopram	Lexapro	5-20 mg	low	none	0	+++++	0
duloxetine	Cymbalta	20-80 mg	low	none	++++	++++	0
atomoxetine	Strattera	60-120 mg	low	low	+++++	0	0
MAO INHIBITORS							
phenelzine	Nardil	30-90 mg	low	none	+++	+++	+++
tranylcypromine	Parnate	20-60 mg	low	none	+++	+++	+++
selegiline	Emsam (patch)	6-12 mg	low	none	+++	+++	+++

<sup>1</sup>AChE: Anticholinergic Side Effect

<sup>2</sup>NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

<sup>3</sup>Prescription, but likely effects

<sup>4</sup>Available in standard formulation and time release (XR, XL, or CR). Prozac available in 90mg time released/weekly formulation.

## BIPOLAR DISORDER MEDICATIONS

NAMES				NAMES			
Generic	Brand	Daily Dosage Range	Serum <sup>1</sup> Level	Generic	Brand	Daily Range	Serum <sup>1</sup> Level
lithium carbonate	Eskalith, Lithonate	600-2400	0.6-1.5	divalproex	Depakote	750-1500	50-100
lithium aspartate				lamotrigine	Lamictal	50-500	(2)
fluoxetine	Symbyax	6/25-12/50mg <sup>4</sup>	2	topiramate	Topamax	50-300	(3)
carbamazepine	Tegretol, Equetro	600-1600	4-10+	sagabine	Gabril	4-12	(3)
oxcarbazepine	Trileptal	1200-2400	(2)				

<sup>1</sup>Lithium levels are expressed in mEq/L; carbamazepine and valproic acid levels express in mg/mL.

<sup>2</sup>Serum monitoring may not necessary. <sup>3</sup>Not yet established. <sup>4</sup>Available in: 6/25, 6/50, 12/25, and 12/50mg formulations.

## ANTI-OBSESSIONAL

NAMES		
Generic	Brand	Dose Range <sup>1</sup>
clomipramine	Anafranil	150-300 mg
fluoxetine	Prozac <sup>1</sup>	20-80 mg
sertraline	Zoloft <sup>1</sup>	50-200 mg
paroxetine	Paxil <sup>1</sup>	20-60 mg
fluvoxamine	Luvax <sup>1</sup>	50-300 mg
citalopram	Celexa <sup>1</sup>	10-60 mg
escitalopram	Lexapro <sup>1</sup>	5-30 mg

<sup>1</sup>Often higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

## PSYCHO-STIMULANTS

NAMES		
Generic	Brand	Daily Dosage <sup>1</sup>
methylphenidate	Ritalin	5-50 mg
methylphenidate	Concerta <sup>2</sup>	18-54 mg
methylphenidate	Metadate	5-40 mg
methylphenidate	Methyltin	10-60 mg
methylphenidate	Daytrana (patch)	15-30 mg
dexamethylphenidate	Focalin	5-40 mg
dextro-amphetamine	Dexedrine	5-40 mg
lisdexamphetamine	Vyvanse	30-70 mg
pemoline	Cylert	37.5-112.5 mg
d- and l-amphetamine	Adderall	5-40 mg
modafinil	Provigil, Sparlon	100-400 mg

<sup>1</sup>None: Adult Doses.

<sup>2</sup>Sustained release

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**Psych Meds Made Easy** Callie Parker, 2025-05-02 If you want to master psychiatric medications without endless hours of dry textbook reading then keep reading Are you tired of struggling to memorize countless psychiatric medications their effects and nursing considerations Do you find yourself overwhelmed by the complexity of psychopharmacology Are you searching for a more engaging way to learn and retain critical medication information Looking for a resource that makes psychiatric medications actually stick in your memory In *Psych Meds Made Easy* Callie Parker transforms complex medication information into memorable rhymes that stick This innovative guide combines evidence based pharmacology with creative poetry making it the perfect companion for nursing students healthcare providers and anyone working in mental health care Inside readers will discover over 100 medication poems covering all major psychiatric drug classes Each

medication poem includes Drug Classification and Names Mechanism of Action Indications Side Effects and Adverse Reactions Nursing Considerations Monitoring Requirements Patient Teaching Points Black Box Warnings Special Population Considerations Drug Interactions Unlike traditional pharmacology textbooks this guide doesn't require hours of memorization or complex medical terminology Each medication is presented in an easy to digest format that naturally embeds in long term memory The rhyming format isn't just a gimmick it's based on proven memory enhancement techniques used by medical professionals worldwide Whether you're a visual auditory or kinesthetic learner these poems work with your natural learning style Even if you've struggled with pharmacology in the past this unique approach makes learning psychiatric medications intuitive and enjoyable Don't let psychiatric medications overwhelm you any longer Get your copy now and start mastering psychopharmacology the easy way

**Saving Talk Therapy** Enrico Gnaulati, 2018-01-09 A hard hitting critique of how managed care and the selective use of science to privilege quick fix therapies have undermined in depth psychotherapy to the detriment of patients and practitioners In recent decades there has been a decline in the quality and availability of psychotherapy in America that has gone largely unnoticed even though rates of anxiety depression and suicide are on the rise In *Saving Talk Therapy* master therapist Dr Enrico Gnaulati presents powerful case studies from his practice to remind patients and therapists alike how and why traditional talk therapy works and using cutting edge research findings unpacks the problematic incentives in our health care system and in academic psychology that explain its decline Beginning with a discussion of the historical development of talk therapy Dr Gnaulati goes on to dissect the factors that have undermined it Psychotropic drugs if no longer thought of as a magical cure are still over prescribed and shunt health care dollars to drug corporations Managed care companies and mental health carve outs send health care dollars to administrators drive many practitioners away and over burden those who remain And drawing back the curtains on CBT cognitive behavior therapy Dr Gnaulati shows that while it might be effective in the research lab its findings are of limited use for the people's complex real world emotional problems *Saving Talk Therapy* is a passionate and deeply researched case for in depth personally transformative psychotherapy that incorporates the benefits of an evidence based approach and psychotropic drugs without over relying on them

**Self-Care for People with ADHD** Sasha Hamdani, 2023-01-03 When you have ADHD it can be hard to stay on top of your wellness *Self Care for People with ADHD* is here to help This book can help you engage in some neurodiverse self care without pretending to be neurotypical You'll find more than 100 tips to accepting yourself destigmatizing ADHD finding your community and taking care of your physical and mental health You'll find solutions for managing the negative aspects of ADHD as well as ideas to bring out the positive aspects

**Film Reference Guide for Medicine and Allied Sciences**, 1961

**Brain Injury Medicine, 2nd Edition** Nathan D. Zasler, MD, Douglas I. Katz, MD, Ross D. Zafonte, DO, 2012-08-27 This book is a clear and comprehensive guide to all aspects of the management of traumatic brain injury from early diagnosis and evaluation through the post acute period and rehabilitation

An essential reference for physicians and other health care professionals who work with brain injured patients the book focuses on assessment and treatment of the wider variety of clinical problems these patients face and addresses many associated concerns such as epidemiology ethical issues legal issues and life care planning Written by over 190 acknowledged leaders the text covers the full spectrum of the practice of brain injury medicine including principles of neural recovery neuroimaging and neurodiagnostic testing prognosis and outcome acute care rehabilitation treatment of specific populations neurologic and other medical problems following injury cognitive and behavioral problems post traumatic pain disorders pharmacologic and alternative treatments and community reentry and productivity

Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems Edited by Mina K. Dulcan M.D., Rachel R. Ballard M.D., 2015-03-20 Now in its fourth edition Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems is an extremely useful and user friendly compendium of information sheets for parents and teachers of children and adolescents who are being prescribed medications for psychiatric disorders The book is designed for a diverse audience of psychiatrists pediatricians and neurologists as well as for schools therapists and libraries Individual information sheets on specific medications prescribed for the child or adolescent patient can be downloaded printed and given to parents and teachers to help them understand the drug's purpose possible side effects potential interactions with food and medications and other factors This new edition has been thoroughly updated and the number of drugs covered has been expanded by more than 20% over the previous edition Written in an accessible style that laypeople will find easy to understand Helping Parents and Teachers Understand Medications for Behavioral and Emotional Problems provides accurate and timely information that promotes understanding and helps ensure patient adherence and safety

**Psychologists' Psychotropic Drug Reference** Louis A. Pagliaro, Ann Marie Pagliaro, 2020-03-26 First published in 1998 The purpose of this book is to provide prescribing psychologists and psychology students with an accurate and authoritative reference for psychotropic drugs that are commonly available for clinical prescription in North America The reference is particularly directed for use by psychologists and psychology students who already have or are currently developing their professional expertise and responsibilities in the prescription and management of psychotropic pharmacotherapy as an adjunct to their psychotherapy The Reference lists detailed drug monographs for over 100 different prescription psychotropic drugs available in North America Thus this reference is the most comprehensive psychotropic drug reference for clinical psychologists currently available Each psychotropic monograph is clearly and concisely written to only reflect essential and important data that are commonly required by prescribing psychologists Whenever available and appropriate each monograph includes phonetic pronunciation up to five common trade or brand names pharmacologic or therapeutic classification and subclassification United States Drug Enforcement Agency USDEA schedule designation for abuse potential recommended dosages for adults children and the elderly helpful and important notes regarding methods of administration relative

contraindications clinically significant drug interactions and more It is hoped that by using the information presented in this book prescribing psychologists and psychology students will be better able to provide their patients with the maximum benefits of adjunctive pharmacotherapy with a minimum of adverse and toxic effects

**Handbook of Autism and Pervasive Developmental Disorder** Johnny L. Matson, Peter Sturmey, 2022-08-11 This handbook provides a substantive foundation of autism theory and research including a comprehensive overview conceptualization and history of autism spectrum disorder ASD and pervasive developmental disorder PDD This robust reference work integrates the broad scholarly base of literature coupled with a trenchant analysis of the state of the field in nosology etiology assessment and treatment Its expert contributors examine findings and controversies e g the actual prevalence of autism as well as longstanding topics of interest as well as emerging issues from around the globe In addition the handbook describes multiple assessments diagnoses interventions and treatments for autism and PDD It addresses such key topics as assessment of core symptoms and comorbidities risk factors epidemiology diagnostic systems neuroscience as well as issues regarding family adaptation In addition the handbook explores the rapidly evolving and expanding topics of medications diets fringe and harmful treatments applied behavior analysis and early intensive behavioral interventions Key areas of coverage include Survey of diagnostic criteria and assessment strategies for autism and pervasive developmental disorder Genetic behavioral biopsychosocial and cognitive models of autism assessment and treatment Psychiatric disorders in individuals with ASD Theory of mind and facial recognition in persons with autism Diagnostic instruments for assessing core features and challenging behaviors in autism and PDD Evidence based psychosocial pharmacological and integrative treatments for autism and other developmental disabilities Interventions specifically for adults with ASD Training issues for professionals parents and other caregivers of individuals with autism and developmental disabilities Review of findings of successful and promising therapies coupled with guidance on how to distinguish between dubious and effective treatments for autism and PDD The handbook is an indispensable resource for researchers professors graduate students as well as clinicians therapists and other practitioners in clinical child and school psychology child and adolescent psychiatry social work special education behavioral rehabilitation pediatric medicine developmental psychology and all allied disciplines

*Behavioral Medicine: A Guide for Clinical Practice, Third Edition* Mitchell Feldman, John Christensen, 2007-11-27 5 STAR DOODY S REVIEW This is an extraordinarily thorough useful book It manages to summarize numerous topics many of which are not a part of a traditional medical curriculum in concise relevant chapters Physicians who do not understand the dynamics behind the doctor patient relationship usually end up being poor doctors and this book reviews the many behavioral issues that patients have that can affect this relationship This is a very welcome addition to the medical education literature and should be required reading for all practicing clinicians Doody s Review Service Behavioral Medicine delivers practical coverage of behavioral and interactional issues that occur between provider and patient in everyday clinical practice You will learn how to deliver bad news how to conduct an

effective patient interview how to clinically manage behavioral issues in the dying patient the principles of medical professionalism behavioral issues in men s and women s health and much more Features Thorough but practical discussion of the scope of the physician patient relationship Includes extensive use of cases and clinical vignettes Complete coverage of medical disorders that influence both physician and patient behavior in clinical practice      **Medicine, Biomedical Research, Mental Health** ,1995      *Handbook of Clinical Psychopharmacology for Therapists* John Preston,John H. O'Neal,Mary C. Talaga,2008 The revised and expanded edition of a must read book offers therapists psychological clinicians and even patients the most accessible overview to psychoactive medications for the treatment of mental health problems in both adults and children It has been updated with information from the most current research about drug indications side effects and more      *Journal of Psychological Medicine and Mental Pathology* ,1863      *The Journal of Psychological Medicine and Mental Pathology* ,1863      *Drug Information Handbook for Psychiatry* Matthew A. Fuller,Martha Sajatovic,2002 A comprehensive reference of psychotropic non psychotropic and herbal agents Includes Effects on Mental Status and Effects on Psychiatric Treatment      **Adverse Syndromes and Psychiatric Drugs** Peter Haddad,Serdar Dursun,Bill Deakin,2004-05-27 Pharmacotherapy is an important part of the treatment of most major psychiatric disorders Although psychiatric drugs can have immense benefits for patients adverse syndromes are common causing significant distress for patients Some side effects are potentially life threatening if not detected and treated appropriately Despite the importance of this subject there is a great shortage of practical advice on this topic This book will help psychiatrists GPs pharmacists and nurses prevent recognize and manage adverse syndromes associated with psychiatric drugs It provides an easily readable account of almost all the adverse syndromes that clinicians will ever encounter Each section is written by an authority in the area with each syndrome clearly laid out to include the following information clinical features pharmacological basis differential diagnosis management risk factors and prevention Summary tables are also provided along with key references for further reading Clearly written and authoritative this book will be of enormous practical value to all clinicians managing patients who have been prescribed psychiatric drugs      *Social Media in Medicine* Margaret Chisolm,2018-02-05 The use of social media around the world has exploded in recent years with the number of monthly active users of Facebook and Twitter estimated to be one billion and one quarter billion respectively Physicians and medical trainees are among the users of social media raising questions of how Facebook Twitter and other novel online tools may best be harnessed to further medical research patient care and educational pursuits Because social media enables an immediate exchange of information and ideas around shared areas of interest it has fostered communication and collaboration among a global network of researchers clinicians patients and learners Social Media in Medicine reviews a range of topics from research ethics to medical education and includes personal reflections by clinicians and learners that represent diverse opinions about the role of social media in medicine The book is relevant to all healthcare stakeholders and will hopefully

encourage ideas and questions to generate more research into the use of social media in medical research patient care and education This book was originally published as a special issue of the International Review of Psychiatry **Manual of Psychiatric Care for the Medically Ill** Antoinette Ambrosino Wyszynski, Bernard Wyszynski, 2008-05-20 Manual of Psychiatric Care for the Medically Ill delivers a practical approach to accurate psychiatric diagnosis and treatment in the medical surgical setting The editors have updated the literature reviews of their widely used 1996 American Psychiatric Publishing publication A Case Approach to Medical Psychiatric Practice and have added easy to use summaries Web resources checklists flowcharts and worksheets all designed to facilitate and teach the process of psychiatric consultation The appended study guide makes this book even more valuable as an educational tool Intended as a companion guide to comprehensive textbooks in psychosomatic medicine this concise volume combines medication updates with how to strategies for the psychiatric treatment of patients with cardiovascular hepatic renal and pulmonary disease gastrointestinal symptoms delirium HIV hepatitis C steroid induced psychiatric syndromes and organ transplantation A special feature is the comprehensive chapter on the treatment of psychiatric illness in pregnancy Each chapter summarizes the literature emphasizing diagnostic and treatment considerations for patients with psychiatric symptoms and medical illnesses Representing the work of 24 contributors this useful highly informative volume features Checklists flowcharts and worksheets that can be photocopied and brought to the patient s bedside for use during the clinical consultation These templates help focus the information gathering process organize the data and generate important documentation Standardized assessment instruments and questionnaires such as the Michigan Alcohol Screening Test Delirium Rating Scale Revised 98 and HIV Dementia Scale which assist in consultation and evaluation Summaries and charts of differential diagnoses to assist psychiatric consultation to medical patients including Web addresses to access the latest information on a particular condition or treatment A study guide in case question answer format for selected chapters This volume also includes a how to chapter on assessing decisional capacity complete with a worksheet for gathering information and documenting informed consent It also features practical reviews of psychotherapeutic issues such as a primer for what to do when patients ask about spiritual issues Concluding chapters present short practical guides on addressing general psychological issues occurring in medical patients This proven manual already being used to teach residents the core curriculum in Consultation Liaison Psychiatry and On Call Preparedness at Bellevue Hospital in New York City will be welcomed by general psychiatrists consultation liaison and psychosomatic medicine fellows residents and medical students everywhere *Litt's Drug Eruption Reference Manual Including Drug Interactions, 13th Edition* ,2007-02-26 Confirm adverse effects with the only source for practicing dermatologists pharmacists and clinicians devoted to newly approved commonly prescribed and over the counter drugs including herbals and supplements With an alphabetic listing of more than 7 000 drugs herbals and supplements combined Litt s is the dermatologist s number one choice fo **The 14-Day Brain**



**Reset for Psychiatric Nurses** Wanda Sophia Schneider, This comprehensive guide is crafted for mental health nurses aiming to elevate their expertise It combines current research on psychiatric care with hands on techniques for safe and empathetic clinical practice By spanning pharmacology crisis management communication strategies and self care methods it addresses the multifaceted needs of both patients and practitioners Designed to serve as an all in one reference each section breaks down critical information into manageable steps You ll find straightforward guidance on patient assessment therapeutic conversations and cultural sensitivities all written in a supportive straightforward tone Whether you re a seasoned nurse seeking deeper proficiency or a newcomer striving to establish strong foundations this resource offers a clear path to excellence in psychiatric nursing It also includes real world scenarios that bring these principles to life helping you deliver compassionate evidence based care at every turn Key topics Psychiatric assessment fundamentals Medication essentials and updated psychopharmacology Effective communication and rapport building Cultural sensitivity and patient centered approaches Resilience and burnout prevention for nurses Exam preparation tips for board certifications Equip yourself with practical knowledge to enhance outcomes for your patients foster your own well being and confidently navigate the evolving sphere of mental health nursing

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