# **Normal Lab Values Cheatsheet**

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## Serum Electrolytes

RANGE (ST UNITS)	RANGE (CONVENTIONAL)
Sodium (Na+)	
Adult:	Adult:
135—145 mmol/L	135 to 145 mEq/L
Child:	Child:
136—145 mmol/L	136—145 mEq/L
Infant:	Infant:
134—150 mmol/L	134—150 mEq/L
Newborn:	Newborn:
134—144 mmol/L	154—144 mEq/L
Critical values:	Critical values:
<120 or >160 mmol/L	<120 or >160 mEq/L
Potassium (K+)	
Adult	Adult:
3.5-5.0 mmol/L	3.5—5.0 mEq/L
Child:	Child:
3.4—4.7 mmol/L	3.4—4.7 mEq/L
Infant:	Infant:
4.1-5.3 mmol/L	4.1—5.3 mEq/L
Newborn:	Newborn:
3.9—5.9 mmol/L	3.9—5.9 mEq/L
Critical values:	Critical values:
Adult:	Adult:
<3 or >6.1 mmol/L	<5 or >6.1 mEq/L
Newborn:	Newborn:
<2.5 or >8 mmol/L	<2.5 or >8 mEq/L
Chloride (CI-)	
Adult:	Adult:
95—105 mmol/L	95-105 mEq/L
Child:	Child:
90—110 mmol/L	90—110 mEq/L
Newborn:	Newborn:
96—106 mmal/L	96-106 m/Eq/L
Premature infant;	Premature infant:
95—110 mmol/L	95—110 mEq/L
Critical values:	Critical values:
<80 or >115 mmol/L	<80 or >115 mEq/L

RANGE (SI UNITS)	RANGE (CONVENTION)
Hagnesium (Mg)	
Adult:	Adult:
0.65—1.05 mmol/L	1.5—2.1 mEq/L
Child:	Child:
0.7—0.85 mmol/L	1.4—1.7 mEq/L
Newborn:	Newborn:
0.7—1 mmol/L	1.4—2 mEq/L
Critical values:	Critical values:
<0.25 or >1.5 mmol/L	<0.5 or >3 mEq/L
Serum Osmolality	
Adult:	Adult:
285—295 mmol/kg	285—295 mOsm/kg H20
Child:	Child:
275—290 mmol/kg	275—290 mOsm/kg H20
Critical values: <265 or >320 mmol/kg	Critical values: <265 or >520 m/Osm/kg H20
Serum Bicarbonate (HCC	>3-)
Adult:	Adult:
23—30 mmol/L	23-30 mEq/L
Child:	Child:
20—28 mmol/L	20—28 mEq/L
Infant:	Infant:
20—28 mmol/L	20—28 mEq/L
Newborn:	Newborn:
13-22 mmol/L	13-22 mEq/L
Critical value:	Critical value:
<10 or >40 mmol/L	<10 or >40 mEq/L
Phosphorus (P)	100
Adult:	Adult:
0.97—1.45 mmol/L	3-4.5 mg/dL
Child:	Child:
1.45—2.1 mmol/L	4.45-6.5 mg/dL
Newborn:	Newborn:
1.4—3 mmol/L	4.3-9.3 mg/dL
Critical value:	Critical value:
<0.3226 mmol/L	<1 mg/di.



# **Electrolyte Normal Values Cheat Sheet**

**Roman Wölfel** 

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