

SERGE MONGEAU

La simplicité volontaire, plus que jamais...



La Simplicité Volontaire Plus Que Jamais

Serge Mongeau



La Simplicité Volontaire Plus Que Jamais:

La simplicité volontaire, plus que jamais... Serge Mongeau, 1998-01-01 *Nous, de la simplicité volontaire* Diane Gariépy, 2011 Depuis la parution de *La simplicité volontaire* en 1985 le succès de cet ouvrage ne s'est dément pas Serge Mongeau y convie les gens sortir de la société de consommation pour revenir à l'essentiel et retrouver un bonheur simple tout en réduisant l'empreinte écologique de notre mode de vie consumériste Moins de biens plus de liens disent les simplicitaires Mais qui sont les acteurs de ce mouvement Que font-ils de si différent Est-ce possible aujourd'hui de vivre avec moins tout en étant plus heureux À l'heure où le consumérisme pèse autant sur la planète que l'endettement sur les ménages revenir à l'essentiel devient incontournable Dans ce recueil de textes Diane Gariépy nous guide avec humour et enthousiasme travers les changements petits ou grands que les simplicitaires ont apportés leur mode de vie de l'alimentation la vie de famille en passant par leur rapport au temps aux objets ou aux autres Elle a poussé la porte de leur maison afin de découvrir leur quotidien et leurs réflexions loin des caricatures et des idées reçues Cet ouvrage plusieurs voix donne la parole autant des simplicitaires débutants qu'aux analystes expérimentés Il est une invitation permanente rejoindre cette belle et nécessaire aventure qui est la simplicité volontaire

Simplicité Volontaire (La) N. Éd Serge Mongeau, 2023 [L'ABC de la simplicité volontaire](#) Dominique Boisvert, 2005 Depuis quelques années on parle beaucoup de la simplicité volontaire Ce courant n'est-il qu'une mode passagère Ou s'agit-il plutôt d'un véritable mouvement social Qui s'y intéresse Comment peut-on la pratiquer au quotidien Existe-t-elle ailleurs dans le monde Autant de questions auxquelles l'auteur cherche à répondre concrètement À ceux et celles qui découvrent cette façon de chercher le bonheur ailleurs que dans l'accumulation des biens matériels ce guide offre un premier contact stimulant avec les richesses insoupçonnées de la simplicité volontaire plus nécessaire que jamais devant les défis actuels de notre époque Et les autres qui s'y intéressent déjà depuis un moment y trouveront de multiples ressources pour mieux connaître et pratiquer cet art de vivre livres groupes sites Internet et vidéos Vivre plus et mieux voilà ce qu'offre la simplicité volontaire c'est un oui à la Vie au bonheur et à la vraie richesse C'est aussi une philosophie qui cherche à appliquer le mot de Gandhi Vivre simplement pour que les autres puissent simplement vivre

[La simplicité volontaire](#) Malie Montagutelli, 1982 **Vivre la simplicité volontaire** Cédric Biagini, Pierre Thiesset, *La Décroissance (Périodique)*, 2020 *La simplicité volontaire* Malie Montagutelli, 1986 [La valeur de la simplicité volontaire](#) Richard Bartlett Gregg, 2012-12-08 [Comment atteindre la simplicité volontaire](#) Robert Dumoulin, 2003 **Simplicité volontaire** Samson Guy Samson, 2012

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