

Health One Cookies

Basic Recipe (Makes 3 nice sized cookies – baked fresh in the morning to pack for lunch or snack)

- 1 MR
- 1 Tbsp. Betty Crocker Cookie Mix
- 2 Tbsp. water

Mix together and drop by spoonful on cookie sheet lined with non-stick foil. Bake at 350 degrees about 10-12 minutes, depending on your oven.

Modifications

Oatmeal Raisin Cookies

Use Vanilla MR, Oatmeal Cookie Mix, 1 Tbsp. raisins, cinnamon, cloves to taste

Chocolate Chip Cookies

Use Chocolate MR, Chocolate Chip Cookie Mix, 1 tsp. cocoa powder (optional)
OR Use Vanilla MR, Chocolate Chip Cookie Mix

Chocolate Peanut Butter Cookies

Use Chocolate MR, Peanut Butter Cookie Mix, 1/8 tsp peanut butter flavoring
(the strong stuff from Southern Boy)

Molasses Cookies

Use Vanilla MR, Molasses Cookie Mix, 1 tsp molasses, 1 packet Splenda (optional)

Almond Cookies

Use Vanilla MR, Sugar Cookie Mix, 4 tsp almond extract, 1 almond or a sprinkle of
Almond Accents atop each cookie (optional)

Orange-Cranberry Cookies

Use Vanilla MR, Sugar Cookie Mix, 4 tsp orange extract, 2 Tbsp Orange juice
instead of water (also maybe a tiny bit of water as needed)

Meal Replacement Cookie Recipe

JL Elias



Meal Replacement Cookie Recipe:

Whispering the Techniques of Language: An Mental Journey through **Meal Replacement Cookie Recipe**

In a digitally-driven world where monitors reign great and immediate connection drowns out the subtleties of language, the profound secrets and emotional subtleties concealed within phrases usually get unheard. Yet, set within the pages of **Meal Replacement Cookie Recipe** a captivating fictional value blinking with fresh emotions, lies a fantastic journey waiting to be undertaken. Published by a talented wordsmith, that marvelous opus invites viewers on an introspective trip, delicately unraveling the veiled truths and profound impact resonating within ab muscles fabric of each word. Within the psychological depths of this emotional evaluation, we shall embark upon a heartfelt exploration of the book is primary subjects, dissect their captivating writing model, and fail to the effective resonance it evokes serious within the recesses of readers hearts.

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