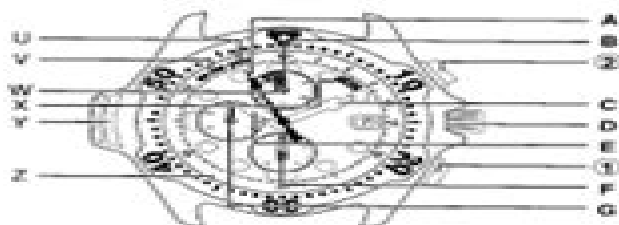


CITIZEN QUARTZ ANALOG DEPTH METER WITH CHRONOGRAPH

Model No. AY5XXX
Cal. No. 374

• INSTRUCTION MANUAL CTZ-B6757



Please refer to the diagram on the left when reading this instruction manual.
*Never manipulate the crown or press the buttons during a dive.
This illustration shows a watch using meters to indicate depth readings.

This watch is an analog (hand) display diver's watch equipped with an electronic depth meter. The familiar watch-face format is convenient to confirm depths while diving. Further, a chronograph function finds uses in a variety of activities beside diving. (Please note that the depth meter function should be used only as an auxiliary instrument).

"Highly reliable water resistant for use at depths of up to 200 metres"

The high-reliability water resistant conforms to ISO standards for diving watches.

* ISO diving watch standards are those set forth by the International Organisation For Standardisation.

<ISO/6425, 15 May 1984>



All repairs of this product, including battery replacement, should be conducted at a Citizen Service Centre. For repairs and inspections please contact the place of purchase or contact a Citizen Service Centre directly.

Two models of this watch are available: one with depth readings indicated in metres (m), the other with readings indicated in feet (ft).

Diving with this watch

Diving can be a safe, enjoyable activity when diving rules are properly followed. It is always, however, accompanied by certain risks including diver's paralysis and unanticipated accidents. Before diving please obtain proper diving instruction and be sure to conduct safety checks. Please use this watch only after you have read and fully understand the operating procedures and cautions in these instructions. Using this watch other than as indicated in these instructions may result in failure of the watch to function properly.

⚠ WARNING:

[Safe Diving]

1. Use this product only after having received proper instruction in safe diving procedures.
2. Always use the "buddy system". This watch is not a substitute for a diving partner.
3. This product is recommended for sports diving to depths of up to about 30 metres (100ft), although the depth indicator will measure depths up to 50 metres (125ft).
4. Early battery replacement is recommended. A new battery will last approximately 2 years. (However, this will vary greatly depending on the frequency of depth meter used. Replace the battery early.)
***Battery replacement should be conducted only at the Citizen Service Centres.**
5. Be sure to rest sufficiently after diving, as specified by diving rules. Riding in an airplane or moving to a high altitude too soon after diving may cause decompression sickness.
6. Use the depth meter function of this watch only as an auxiliary or back up instrument.
7. Avoid rapid ascents when diving, as these adversely affect the human body, including causing diver's paralysis. Maintain a safe ascent speed while diving. An ascent of 10 metres (33ft) or less per minute is recommended for sports diving to avoid various possible problems.

[Do not use the depth meter when...]

1. In locations of altitudes exceeding 4,000 metres (13,124 ft).
2. In temperatures outside of the warranted temperature range. The warranted temperature range for the depth meter in this watch is from 10°C to 40°C/50°F to 104°F.
3. In potentially dangerous activities or conditions. This watch is not designed for use in maritime emergencies or to prevent sea disasters and the like.
4. A substitute for a pressure gauge is needed. This watch is not designed to gauge pressures other than those associated with water depth.
5. Diving using a helium enriched environment. This watch cannot be used in a helium enriched environment, as this may cause malfunction or breakage.

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Léo Pomar



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