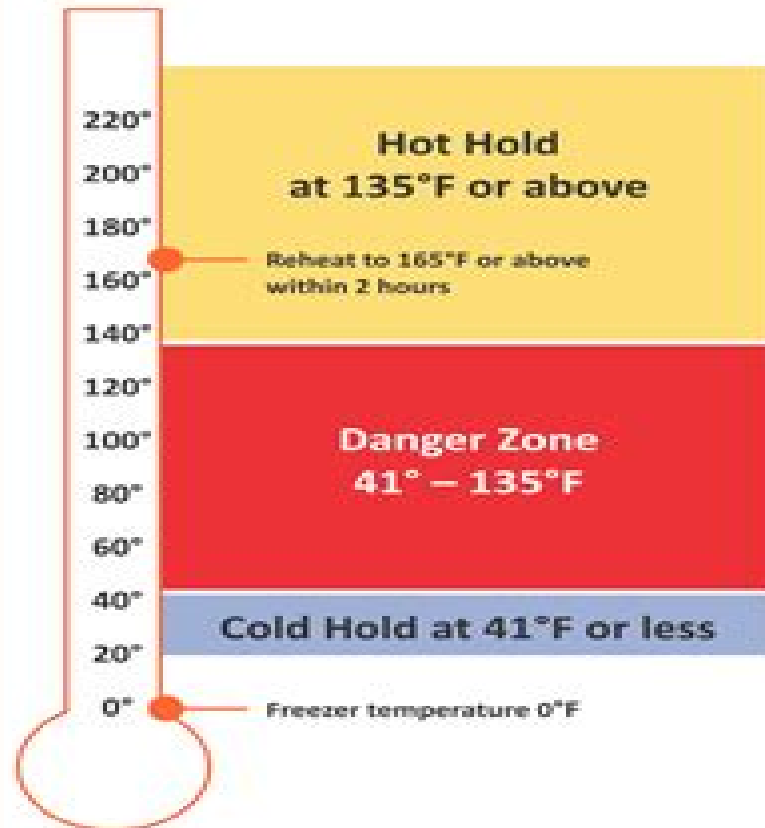


# Cooking Temperatures

## Minimum Cooking Temperatures

Wait until thermometer reads final temperature for at least 15 seconds

### Danger Zone, Hot & Cold Hold Temperatures



**165°F**

Poultry, stuffed meats, stuffed fish, stuffed pasta; stuffing containing fish, meat or poultry



**155°F**

Ground meat and ground fish, sausage, restructured or injected meats, pooled eggs



**145°F**

Eggs, fish, solid meat, pork



**145°F**

Whole-muscle, intact beef steak (must achieve a cooked color change on all external surfaces)



**\*130–158°F**

Roast beef, roast pork and ham

*\*See time/temp chart in Sec. 246-215-03400 in the WA State Retail Food Code. Visit our web site for a copy of the chart.*



**135°F**

Wild-harvested mushroom cooked for immediate service and plant food for hot holding.

# Meat Thermometer Guide

**Scott C. Dulebohn**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## **Meat Thermometer Guide:**

## **Meat Thermometer Guide** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has be more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Meat Thermometer Guide**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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