

HYPERTENSION MCQS

1) This hypertension drug is the first choice for diabetic and renal failure pts.

- A. K sparing diuretics
- B. ACE inhibitors
- C. Loop diuretics
- D. Calcium channel blockers

2) While a client with hypertension is being assessed, he says to the nurse, "I really don't know why I am here. I feel fine and haven't had any symptoms." The nurse would explain to the client that symptoms of hypertension:

- A. Are often not present
- B. Signify a high risk of stroke
- C. Occur only with malignant hypertension
- D. Appear after irreversible kidney damage has occurred

3) A client is admitted to the hospital. Twelve hours later the nurse observes hand tremors, hyperexcitability, tachycardia, diaphoresis and hypertension. The nurse suspects alcohol withdrawal. The nurse should ask the client:

- A. at what time was your last drink taken?
- B. Why didn't you tell us you're a drinker?
- C. Do you drink beer or hard liquor?
- D. How long have you been drinking?

4) How does metoprolol work?

- A. Selectively blocks beta 1 receptors
- B. Inhibits the conversion of angiotensin I to angiotensin II
- C. Blocks angiotensin II receptors
- D. Stimulate alpha 2 receptors

5) Sodium intake is good to prevent high blood pressure?

- A. True
- B. False

6) A female client with a history of pheochromocytoma is admitted to the hospital in an acute hypertensive crisis. To reverse hypertensive crisis caused by pheochromocytoma, nurse Lyka expects to administer:

- A. phentolamine (Regitine).
- B. methyldopa (Aldomet).
- C. mannitol (Osmitrol).
- D. felodipine (Plendil).

Mcq And Answer For Hypertension

ML Morrison



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