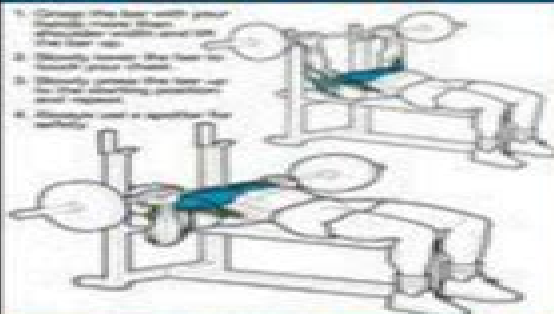


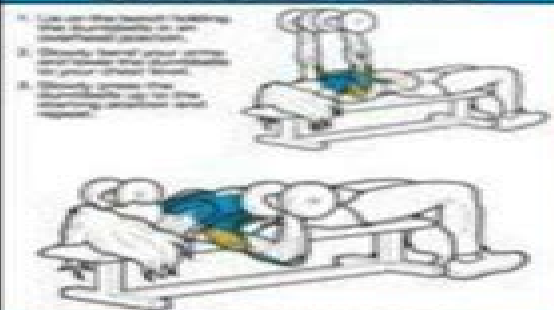
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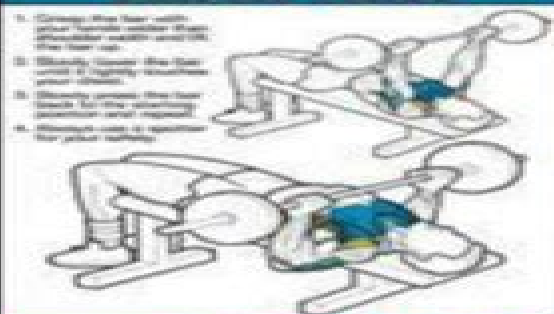
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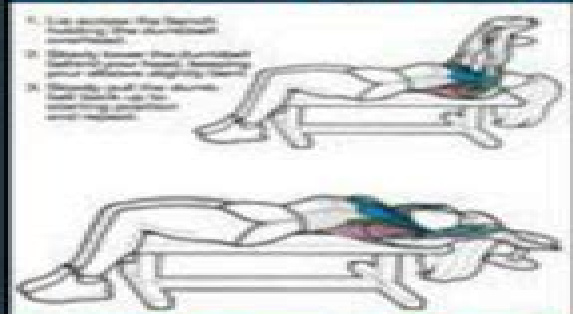
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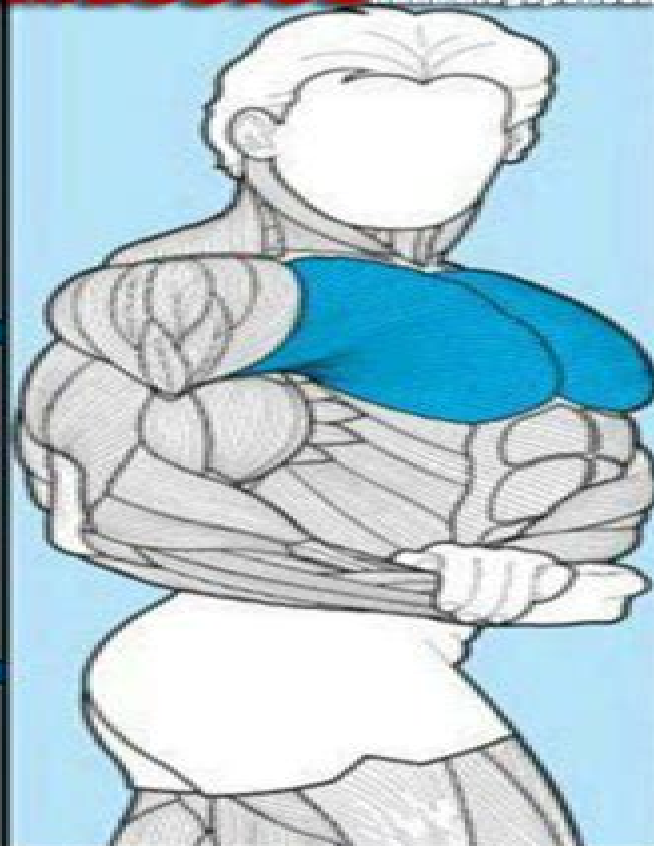
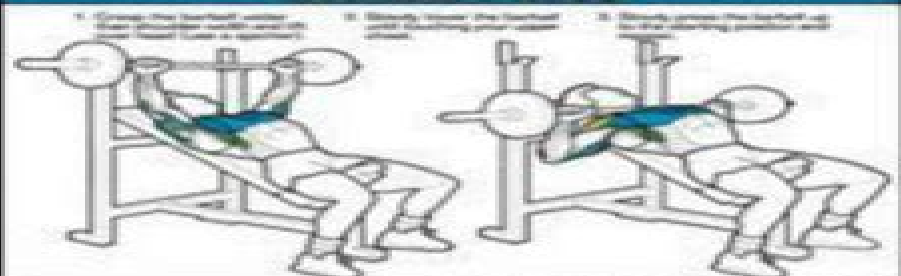
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### MUSCLE COLOR CODE

■ Pectoralis Major	■ Pectoralis Minor	■ Anterior Deltoid	■ Latissimus Dorsi	■ Triceps	■ Biceps
■ Serratus Anterior	■ Serratus Posterior	■ External Oblique	■ Internal Oblique	■ Rectus Abdominis	■ Transverse Abdominis

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**SB Merriam**



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
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