

ECTS 6020: Module 6: Special Physical Attributes

Lab 6.1

Lab Report

Name: _____ Date: _____

Instructions

- 1. Complete Lab 6.1. Once you have completed, do it, complete the Lab Report.
- 2. Answer the questions and observations and provide evidence for each using the data provided.

Lab Observations/Results

Observations

- 1. Do concentration athletes (CA) use different to monitor their specific problem?
- 2. Describe the performance characteristics for CA.
- 3. Do concentration athletes have
- 4. What is the difference between different goals and control goals?
- 5. What is the benefit to control different goals?
- 6. Why should the weight be monitored?

Lab Procedures

- 1. Complete the completed and measured values from Table 6.1 and the other tables.

Table	Parameter	Completed	Measured
		Value	Value
1	Weight (kg)		
2	Weight (kg)		
3	Weight (kg)		
4	Weight (kg)		
5	Weight (kg)		
6	Weight (kg)		
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99	Weight (kg)		
100	Weight (kg)		

Et1410 Lab Manual

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Et1410 Lab Manual:

Unveiling the Magic of Words: A Review of "**Et1410 Lab Manual**"

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