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IMPORTANT LIFE SKILLS FOR TEENS

Daily Living Skills

- Do the laundry
- Shop for groceries
- Cook
- Clean the house
- Manage money
- Swim
- Look for a job
- Read a map
- Use basic tools
- Stay healthy



Executive-Functioning Skills

- Stay organized
- Manage time
- Be a self-starter
- Regulate social media time
- Overcome peer pressure
- Choose a future career
- Help others



Communication Skills

- Start a conversation
- Talk on the phone
- Say no
- Stand up for yourself
- Cope with failure



Safety Skills

- Drive safely
- Use ride-share services
- Administer basic first aid
- Prepare for natural disasters



Knowing Life Skills

G Psacharopoulos



Knowing Life Skills:

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, **Knowing Life Skills** . This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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